

RISK ASSESSMENT FORM – OXFORD UNIVERSITY SPORT

This is a template for OU Sports Club use only and their phased return to general activities to ensure control measures are in place to reduce the risk of exposure to Covid-19 (Coronavirus). Clubs should adhere to guidance issued by H.M. Government, the University of Oxford and specific advice provided by a club's National Governing Body. This is a supplemental risk assessment to a club's main Risk Assessment covering its general activities (see 'Describe/Outline of Activity....'). Queries and guidance can be sought from Sports Safety Officer. Email safety@sport.ox.ac.uk.

SPORTS CLUB	Oxford University Mountaineering Club		
NAME OF PERSON COMPLETING THIS RISK ASSESSMENT	Edwina Yeo (Club President)	DATE OF ASSESSMENT:	15/09/20 Updated(22/10/20,20/04/21,22/04/21)
NAME OF COVID OFFICER	Sam Johansen	DATE OF ASSESSMENT:	22/04/2021
NAME OF PERSON SIGNING THIS RISK ASSESSMENT (ONE FROM CLUB PRES, SEC, or CLUB H&S OFFICER)		SIGNING OFF DATE:	

DESCRIBE/OUTLINE THE ACTIVITY THAT IS UNDER ASSESSMENT:

NOTE – Government and NGB advice on events and actions relating to Covid-19 can be fluid. Club committees and coaches are advised to check for updates on a regular basis.

Update to include travel to meets using transport scheme minibuses or MPVS.

Outdoors socials in venue gardens.

Changes are highlighted in yellow

In line with University Policy statement (S5/08 - <http://www.admin.ox.ac.uk/safety/policy-statements/s5-08/>), identify all hazards associated with the activity, the individuals who might be harmed (both University and non-University personnel) and the known existing controls. Then assess the resulting risk in relation to the following system and identify what, if any, further actions are required.

RISK MATRIX	LIKELIHOOD
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		<p>quarantined between uses, using appropriate methods, cleaning products and any PPE. (detailed below)</p> <p>Equipment to be put away correctly after or when not in use to mitigate risk of trips and falls.</p>		
<p>Equipment (Maintenance and Cleaning of)</p> <p>Reducing risk of exposing parties to Covid-19 symptoms</p>	<p>Club members, Committee member responsible for gear storage/cleaning</p>	<p>Have written cleaning protocols in place and if have written records of when cleaning takes place.</p> <p>Safety equipment which cannot be washed with soap and water (eg harnesses, helmets, ropes) will be isolated for 72 hours (as per advice of BMC) following use by a club member.</p> <p>Shoes will be sprayed with an antiviral cleaner with 70% alcohol between uses. Members will be advised to use socks with the shoes.</p> <p>Winter climbing gear should be washed with soap and water (as per manufacturers advice).</p> <p>Along with high use touch points (doors, handles, etc.) fitness equipment should be subject to increased cleaning. Use appropriate cleaning products and PPE (e.g. gloves, face mask, apron).</p> <p>Remove equipment (including faulty) which is not being cleaned or if cleaning regime is not being adhered to, until such cleaning can take place.</p>	<p>Medium/low</p>	<p>Members will not be allowed to rent equipment if they are experiencing COVID symptoms or have been in contact with those who have been or are similarly self-isolating. We will request that they contact the committee if they fall ill after equipment rental.</p>
<p>MEETS: PREMEET PLANNING</p> <p>Through close contact with other people during the activity</p>	<p>club members</p>	<p>Consider planning the activity for a less busy time and/or at a quieter location.</p> <p>Avoid particularly busy or narrow routes and locations where physical distancing is not possible.</p>	<p>Medium/low</p>	<p>Checking BMC crag information and forums to pick a suitable location.</p> <p>Same as above. Potentially also coordinating with other university climbing clubs via social media.</p>

		<p>Consider top-roping and/or single-pitch crags for climbing events</p> <p>No multi-pitch routes to be attempted.</p> <p>Divide the meet into smaller groups of approx. six, with each "climbing bubble" to be at separate climbing locations wherever possible.</p> <p>Remind participants beforehand about relevant current government guidelines.</p> <p>Suggest participants bring hand sanitiser and/or anti-bacterial wipes. However, club to make every effort to make some available in each "climbing bubble".</p> <p>Advise participants to provide their own equipment, such as small personal first aid kit, bothy bag / survival bag, and food and drink.</p> <p>Remind members that if they have a shielding letter or if they have any of the symptoms of coronavirus, or live with someone with symptoms, they must not attend.</p> <p>Ensure you have a record of who has booked on.</p>		<p>Prior briefing to be given to meet participants. Briefing to be given by designated session leader.</p> <p>Prior briefing to be given to meet participants. Briefing to be given by designated session leader.</p> <p>As best as possible divide the meet into these groups as people arrive at Iffley Sports Centre.</p> <p>Make this clear in the email beforehand. Same as above. If club equipment is loaned out, it is to be quarantined afterwards for a suitable time period (minimum 72 HRS).</p> <p>Make this very clear in the email and check once again as people arrive at Iffley Sports Centre.</p> <p>As above.</p> <p>As above.</p> <p>Sheet printouts as usual</p>
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<p>MEETS: PREMEET PLANNING Through close contact with other people while travelling to/from activity</p>	<p>club members, general public, public transport staff</p>	<p>Remind participants of the current regulations regarding face coverings on public transport</p> <p>Consider a meeting venue with suitable parking – sufficient for the number of people attending while allowing for suitable distancing between members</p>	<p>Medium/low</p>	<p>Check BMC Crag access logs.</p>
<p>MEETS; ON THE DAY Through close contact with other people when dealing with incidents / accidents</p>	<p>Participants Members of the public Emergency services, including Mountain Rescue Teams</p>	<p>Advise the group to stay within their competency level, whether climbing, walking, scrambling or mountaineering to reduce the risk of incidents happening.</p> <p>Advise members to use their own first aid kit for personal use where possible.</p> <p>Leaders to carry PPE which must be worn for first aid treatment; mask, apron, surgical gloves and safety glasses or goggles.</p> <p>Minimise those who need to carry out first aid to essential first aiders only, to minimise close contact with a casualty.</p> <p>Carry additional bags to securely wrap any disposed/used first aid equipment and associated PPE used.</p> <p>Ensure you are up-to-date with current guidance about administering first aid.</p>	<p>Medium/low</p>	<p>Briefing beforehand</p> <p>As above</p> <p>Appointed session leader to be given a thorough briefing either before departing, or at the start of term.</p> <p>Each group to have an individual with responsibility for accident control. If not possible, they are to be within a short distance of most senior group</p> <p>Provided by club. Same as gloves, masks and sanitiser.</p> <p>Club priority remains safety and ensuring there are adequate first aiders is a part of that.</p>
<p>MEETS; ON THE DAY Through touching gates, stiles, fences or equipment</p>	<p>Participants, general public</p>	<p>Suggest participants use their own hand sanitiser and/or anti-bacterial wipes and use regularly.</p> <p>Advise participants to only use their own equipment, such as maps, compasses and walking poles, and not to share with those outside of their household.</p>	<p>Low</p>	<p>Prior planning should prevent this occurring. Reminded in briefing</p>

		Do not share group shelters or bothy bags unless necessary in an emergency situation. Advise participants not to share food and drink.		
MEETS: ON THE DAY Through close contact while climbing	Participants	If climbing with someone outside of your household then aim to climb in pairs on single pitch and keep the same pairs throughout. Maintain distance where possible. If climbing in a three and/or on multipitch where social distancing is not possible – we recommend wearing a face covering.		
MEETS; ON THE DAY Through touching climbing equipment	Participants	Avoid sharing of climbing equipment between different climbing partners during the days activity - for novice meets / training ensure that there are sufficient helmets, harnesses, and krabs with belay plates for each person and that these are allocated at the start of the day. Inform participants of the potential risks associated with touching shared climbing hardware– protection and quickdraws – while on a route and recommend a regime of using hand sanitiser (or anti-bacterial wipes) before and after each route. Inform participants of the risks associated with putting gear in the mouth whilst placing gear / clipping ropes.	Medium/low	Briefing while on a route and recommend a regime of using hand sanitiser (or anti-bacterial wipes) before and after each route. Prior Briefing Prior briefing
Meets: Transport	Club members	Clubs will follow the university and government's travel guidance while on the way to and from meets. If public transport is used, all relevant guidelines will be followed. People advised to wait for the next bus (if possible) if one is too full. Train tickets to be booked in advanced Hand sanitiser	Medium/low	Session leader to check people are wearing masks and to give the briefing beforehand on the use of public transport

		<p>with session leader.</p> <p>If the meet is a local meet within walking or cycling distance, ensure that people are reminded that their safety is their responsibility. They must walk or cycle sensibly, especially if on their own.</p> <p>Current guidelines and sensible judgement to be followed on whether it is acceptable to cycle or walk to the venue together, in smaller groups or meeting at the venue.</p> <p>If cycling or walking to a local meet, ensure people have been issued a map or know the location beforehand. A contact number is to be shared in the case of people getting lost or not arriving before a designated time.</p> <p>Clubs will follow the university and government's travel guidance while on the way to and from meets.</p> <p>As these currently stand, private car sharing for members of different households is not permitted.</p> <p>When using University transport scheme minibuses, the transport scheme covid guidance will be followed;</p> <p>Use the seating plans provided so that people travel side by side or behind other people, rather than facing them.</p> <p>Maintain social distancing while boarding the vehicle.</p> <p>Boarding of large vehicles should start with the back first. The front passengers should get off the bus first</p>		<p>Club members will be briefed before entering the minibus. Drivers will receive a printed version of the regulations. A session leader will be appointed for each vehicle to make sure that members are sticking to the risk assessment.</p>
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<p>Meets: Overnight Trips</p>	<p>Club members, members of the public</p>	<p>As per BMC's advice overnight trips will be camping to minimise the sharing of facilities.</p> <p>Campsites will be booked in advance in small groups of approx. 6. Each participant will be in a lone tent or sharing with members of their household only. Groups of 6 will remain fixed throughout the trip.</p> <p>Participants will adhere to the campsite's regulations on sharing of facilities and will use PPE and hand sanitiser.</p> <p>Members will be advised of the equipment required to camp in cold</p>	<p>Medium/low</p>	<p>Prior Briefing</p> <p>Prior briefing and equipment check</p>

		<p>conditions. Members will be required to have a winter rated sleeping bag to participate in the meet.</p> <p>If huts are permitted within government and BMC guidance then the rules of maximum occupancy will be adhered too.</p> <p>Whilst on the campsite, tent groupings are not to be rearranged. Socialising allowed within all current guidelines.</p>		
<p>OUTSIDE SOCIAL ACTIVITIES (modified to only apply to outside socials)</p>	<p>Club members</p>	<p>Social activities can only occur in group of 6 outside.</p> <p>Ensure you have a record of all those who took part.</p> <p>Remind anyone with symptoms or those that are not able to agree to the self-declaration statement to go home or not to attend</p> <p>Ensure that 2m distancing is maintained in social events or that other PPE is worn in cases where this is not possible.</p> <p>Ensure that food and drink is not shared at social events.</p> <p>If attending a venue to sit outside e.g. cafe or pub, ensure club members stick to venue regulations regarding mask wearing and the venues track and track requirements.</p>	<p>Low</p>	
<p>Social Activity: Slacklining</p>	<p>Club members</p>	<p>Members will be reminded that slacklining can be dangerous .</p> <p>Members will be asked to use hand sanitiser regularly between attempts</p>	<p>low</p>	

		on the slackline.		
INDOOR CLIMBING SESSIONS	Club members, other users of indoor climbing gyms.	As per the governments guidance, no indoor club sessions will occur before 17th May.	Low	
Outside Climbing Team Training	Team members, captains	<p>Outside training sessions will be lead by team captains.</p> <p>Social distancing will be adhered to at all times.</p> <p>Sharing of equipment between members is not required.</p> <p>A record of attendance will be kept.</p> <p>Members will be required to fill in a covid questionnaire prior to attendance.</p>	Low	
Indoor Courses	Club members, other users of indoor climbing gyms, course provider	<p>Groups of up to 6 (not including course provider if this complies with the venue regulations, if the venue regulations require for the instructor to be included in the 6 then it will be a group of 4 plus the instructor. This is permitted according to the bmc guidance on indoor meets) with register in advance and complete health questionnaires</p> <p>Prior to the course, attendees will complete the Covid health questionnaire. On the day, course providers will confirm that attendees answers to the health questionnaire still apply.</p> <p>The groups will meet in the outside of the centre.</p> <p>The course provider will brief participants on centre regulations and</p>	low	This will be communicated to the course provider by a briefing.

		OUMC regulations.		
EVENTS: AFTERWARDS	Committee members	<p>Remind participants that should they present any COVID-19 symptoms, or become symptomatic, after the activity that it is essential for them to report this to the NHS Test & Trace service. Ask them to inform the COVID officer and the President.</p> <p>Keep a record of everyone taking part (names and contact details) in case this is needed for contact tracing. This record will be kept securely and deleted after 21 days.</p>	Medium	<p>Communicate this clearly in briefings.</p> <p>Ensure that COVID officer and president are able to contact participants if needed.</p>
<p>Note for Person Completing this risk assessment - Use any Covid-19 (Coronavirus) guidance / resources provided by National Governing Bodies and/or University of Oxford to identify hazards and suitable control measures which may be specific to your club's activity.</p>				