

**O.U. Korfball Club RISK ASSESSMENT****DATE:  
2016/17*****Activities usually carried out by the club.***

- i) Training at Iffley Road Sports Centre
- ii) Competing in the Oxfordshire Korfball Association League (matches at St Gregory the Great School)
- iii) Participating in weekend korfball tournaments.
- iv) Social events (eg pub crawls, college bops, dinner at restaurant / cooked by club member)

<b>HAZARD</b>	<b>CONTROL MEASURES IN PLACE</b>	<b>RISK FACTOR</b>	<b>FURTHER CONTROL MEASURES</b>
<b>Whilst playing (i, ii, iii):</b>			
Pulled muscles / cramp	Warm up before training session and matches and cool down afterwards.	medium	Experienced coach to run training sessions, club to seek training for its referees
Collision with other players / post / ball	Well organised training sessions, adhere to EKA rules, experienced referees.	medium	
Slipping / Falling	Suitable playing conditions, i.e. lighting and flooring. One member has a first aid certificate.	medium	Sweep hall if dirty and dry any wet patches left behind by previous users.
Bashed fingers	Instruction on how to catch a ball.	medium	
Blisters	Ensure players have well fitting trainers. Have a small first aid kit present.	medium	
Sprained ankles	Recommend players purchase suitable footwear. Have players aware of appropriate treatment for a sprain.	medium	
<b>At training (i):</b>			
Injury sustained whilst moving / dismantling posts e.g. Strained backs	Instruction on correct method of lifting	low	
<b>While travelling (iii):</b>			
Car / Minibus Accident	Minibus drivers have taken the Sports Fed test. Adequate insurance. Ensure drivers are not tired. Take breaks on long journeys.	low	Club to aim for two drivers on every trip. Drivers are to follow the hire company's instructions when using hire vehicles. Sports department to be informed of any trip made outside of the county.
<b>At tournaments (iii):</b>			

Dehydration	Ensure players drink plenty of water and eat between games (but not just before the next game).	low	
Accidents/major injuries	<p>All trip registration forms are to be sent a day (by 5.00pm on Thursday) before weekday or weekend fixtures to the ASO. All trips can be sent by using the on line Trip Registration Form found at: <a href="http://www.sport.ox.ac.uk/sports-federation/safety">http://www.sport.ox.ac.uk/sports-federation/safety</a></p> <p>For trips out of the UK – trip registration forms are required one month ahead of the trip and these should be submitted to the ASO.</p> <p>The Trip Registration Forms are then sent off to Security Services and a copy kept by the ASO</p>	low	<p>If the club has an major accident and/or incident which involves the calling of the Emergency Services and/or involves the member going to Hospital then the club have the chance to contact the University Security Services on (01865) 289999 who will offer assistance and advice and who can contact the University Press Office, the Colleges of the injured person(s) and key Personnel within the Sports Department who can offer help</p>
<b>Socials (iv):</b>			
Injury through intoxication	Members not to drink too heavily.	low	
General personal injury in socials	All members to take reasonable care in socials and to follow all relevant safety guidelines for socials.	low	
Food poisoning	Club members prepare food hygienically.	low	

**Signed:  
(Coach)**

**(President)**