

**T1 60mH U15G Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Emma Komocki	Amber Valley AC	9.41
2	Kirsty Warland	Oxford City	9.45
3	Sophie Meakin	Rugby & N	9.63
4	Hannah Jackson	Yate & D	9.81
5	Marie Hilliar	Nuneaton H	10.18
6	Carina Hilliar	Nuneaton H	10.39
7	Rachel Coles	Kidd/Stourport	12.58

**T2 60mH U17W Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Alice Lennox	City of Stoke	9.06
2	Stephanie Blackwell	Wirral AC	9.32
3	Lucy Ferguson	Telford AC	9.65
4	Chloe Whalley	Milton Keynes AC	9.87
5	Gaye Clarke	Ryston Runners	9.96

**T2 60mH U17W Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Jenny Wilikes	Solihull & SH	10.26
2	Lucy Buckingham	Bexley AC	10.55
3	Hannah Walsh	Charnwood AC	12.64
	Abbie Bennett	Liverpool Harriers	DNF

**T3 60mH U15B Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Jack Meredith	Liverpool Harriers	8.93
2	Onajite Okoro	Birchfield H	9.70
3	Samuel Benfield	Witney RR	10.23
4	Adam Balderston	Milton Keynes AC	10.48

**T4a 60mH U20W Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Kylie Robilliard	Guernsey AC	9.53
2	Ese Okoro	B'feild	9.59
3	Katie Oates	Bexley AC	10.78

**T4b 60mH SW Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Martine Bomb	Oxford Uni	8.98
2	Lisa McManus	Coventry Godiva	9.26

3	Victoria Nealon	Rugby & N	9.94
4	Sarah-Jane Darrington	Leeds Met Carn	9.95
5	Sally Hughes	Oxford Uni	10.70
6	Stephanie Madgett	Oxford Uni	19.09

**T5 60mH U17M Heat 1**

Posn	Name	Club	Perf
1	Michael Baker	Medway & M'stone	8.32
2	Andrew Pearson	Notts AC	8.45
3	Sam Stone	Amber Valley AC	8.68
4	Freddie Pask	Corby AC	8.74
5	Greg Pullin	Birchfield H	8.94
6	Tom Moakes	Notts AC	9.06
7	Joshua Rea	City of Norwich	9.26
8	Tony Wells	Corby AC	9.48

**T6 60mH U20M Heat 1**

Posn	Name	Club	Perf	
1	Julian Adeniran	Charnwood AC	8.25	
2	Edirin Okoro	Birchfield H	8.39	
3	Des Wilkinson	Luton AC	8.60	pb
4	Callem Forde	Charnwood AC	8.81	pb
5	Mark Holt	Solihull & SH	8.89	

**T7 60mH SM Heat 1**

Posn	Name	Club	Perf
1	Stefan Wilcockson	Mansfield H	9.46
2	Bola Ogielan	Oxford Uni	10.94

**T8 300m U17W Heat 1**

Posn	Name	Club	Perf
1	Gail Lippitt	Wrexham AAC	41.57
2	Jasmine Christian	RSC	43.22
3	Emily Baker	Gloucester AC	43.41
4	Emily Stevens	Herts Phoenix	43.87
5	Hannah Stammers	Bournemouth AC	45.21

**T8 300m U17W Heat 2**

Posn	Name	Club	Perf
1	Hollie Owen	Tamworth	42.14
2	Ese Okoro	Birchfield H	42.37
3	Charlotte Mackie	Medway & M'stone	43.16
4	Vicky Randall	Medway & M'stone	43.17

5	Tiffany Markham	New Forest Junior AC	43.92
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**T8 300m U17W Heat 3**

Posn	Name	Club	Perf	
1	Leyoni Massop	Tipton H	43.14	pb
2	Becca Carozzi	Team Southampton	43.36	
3	Nadia Bobash	Tipton H	44.47	
4	Emma Johnson	Bournemouth AC	45.68	
5	Nichola Gibson	Peterborough AC	46.11	

**T8 300m U17W Heat 4**

Posn	Name	Club	Perf
1	Chloe Whalley	Milton Keynes AC	45.12
2	Rebecca Houston	Bridgnorth AC	46.35
3	Sarah-Jane Williams	Gloucester AC	48.03
4	Sophie Meszar	Coventry Godiva	48.59

**T9 400m U17M Heat 1**

Posn	Name	Club	Perf
1	Wayne Ashall	Liverpool P & S	51.79
2	Michael Baker	Medway & M'stone	52.26
3	Marcus Reid	Birchfield H	53.00
4	Jamie Farrell	Bexley AC	54.67

**T9 400m U17M Heat 2**

Posn	Name	Club	Perf
1	Sam Evans	Cannock & Stafford	53.29
2	James Lea	Tipton H	55.12
3	Dale Price	Gloucester AC	55.65
4	Alex Caine	Southend AC	56.44

**T9 400m U17M Heat 3**

Posn	Name	Club	Perf
1	Dwayne Blake	WSE & Hounslow	53.02
2	Andrew McDonagh	St Helens Sutton AC	53.84
3	Tom Marsland	Isle of Wight	56.83
4	Alastair Phillips	Bournemouth AC	58.64
5	Eliot Winter	Milton Keynes AC	58.66

**T10 400m U20W Heat 1**

Posn	Name	Club	Perf
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1	Henrietta Kodilinye-Sims	Newham & EB	57.58
2	Ejoro Okoro	Birchfield H	57.71
3	Laura Chambers	Altringham & D	59.65
4	Bethany Staniland	Leeds City AC	62.15
5	Ellie Doel	Eastbourne Rovers	66.99

**T10 400m U20W Heat 2**

Posn	Name	Club	Perf
1	Gemma Elliott	Kettering Town	60.83
2	Hannah Biddiss	Medway & M'stone	61.78
3	Nafalya Francis	Leicester Coritanian	66.72

**T10 400m U20W Heat 3**

Posn	Name	Club	Perf
1	Helen Green	Liverpool P & S	62.32
2	Rachel Pearce	Rugby & N	63.60
3	Shamiala Amin	Brunel Juniors	69.38
4	Phillipa Madden	Bridgnorth AC	72.16
5	Laura Marzaroli	New Forest Junior AC	74.63

**T11 400m U20M Heat 1**

Posn	Name	Club	Perf
1	Luke Smallwood	Medway & M'stone	49.61
2	Christopher Smith	Wirral AC	50.73
3	Nick Jarvis	Clevedon AC	51.77
4	Scott Stuart	Nuneaton H	51.88
5	Andrew Dean-Young	Birmingham Uni	52.41

**T11 400m U20M Heat 2**

Posn	Name	Club	Perf
1	Jamie Guest	Bridgnorth AC	51.66
2	Thomas Bryans	Rugby & N	52.02
3	Rory Campbell	Highgate Harriers	52.22
4	Troy Flood	Kent AC	53.49

**T11 400m U20M Heat 3**

Posn	Name	Club	Perf
1	Aaron McCammon	Kent AC	51.31
2	Christopher Brown	Mansfield H	51.70
3	Michael Henry	Tipton H	53.44
4	Colaine McLeish	Tipton H	54.64

**T11 400m U20M Heat 4**

Posn	Name	Club	Perf
1	Jamie Downes	Rugby & N	53.70
2	Jamie Horder	Cheltenham & C H	54.09
3	Thomas Daniels	Liverpool P & S	54.45
4	Callem Forde	Charnwood AC	54.93

**T11 400m U20M Heat 5**

Posn	Name	Club	Perf
1	Richard Woolley	Mansfield H	53.48 pb
2	Daniel Boden	Bridgnorth AC	54.66
3	Calum Hutchman	Charnwood AC	55.39
4	Darren Braybrook	Milton Keynes AC	55.76

**T12 200m SW Heat 1**

Posn	Name	Club	Perf
1	Yvette Henry	Wigan Harriers	24.60
2	Melinda Cooksey	Tipton H	24.85
3	Emma Bailey	Rugby & N	25.32
4	Nicole Airey (Bowring)	WSE & Hounslow	25.40
5	Sinead Johnson	Telford AC	26.23

**T12 200m SW Heat 2**

Posn	Name	Club	Perf
1	Laura Langowski	Tamworth AC	26.11
2	Celine Pace	Uni of Sheffield	26.21
3	Lisa McManus	Coventry Godiva	26.43
4	Holly Barlow	RSC	26.71
5	Kirsty Clarke	Ryston Runners	28.39

**T12 200m SW Heat 3**

Posn	Name	Club	Perf
1	Seemita Gumbs	Birchfield H	25.88
2	Louise Webster	University of W'ton	27.61
3	Katie Welch	B'heath & Bromley	28.28
4	Gaye Clarke	Ryston Runners	29.68
	Stefanie Little	Birchfield H	DNS

**T13 200m SM Heat 1**

Posn	Name	Club	Perf
1	Neil Simpson	B'heath & Bromley	22.21
2	Lawrence Baird	Trafford AC	22.58

3	Leroy Slue Jnr	Harrow AC	22.66
4	Jamie Gill	Cannock & Stafford	22.86
5	Nathan Cross	Loughborough St	23.33

**T13 200m SM Heat 2**

Posn	Name	Club	Perf
1	Robert Harle	Chelmsford AC	22.73
2	Andy Blow	Basingstoke & MH	22.86
3	Bradley Williams	Deeside AC	23.26
4	Steve Maybury	Rugby & N	23.29
5	Toleme Ezekiel	Oxford Uni	23.39

**T13 200m SM Heat 3**

Posn	Name	Club	Perf	
1	Simon Plaskitt	Cheltenham & C H	22.30	pb
2	Phil Doorgachurn	Belgrave Harriers	22.41	
3	Ian Allerton	B'heath & Bromley	23.01	
4	Stephen McGeown	Aldershot FD	23.08	
5	Petr Steiner	Cambridge & Col	23.24	

**T13 200m SM Heat 4**

Posn	Name	Club	Perf
1	Martin Cook	Mansfield H	22.53
2	Mark Dunwell	Notts AC	22.80
3	Adam Bellis	Sale Harriers	23.21
4	Ben Jones	Tamworth AC	23.39
5	James Moroney	Kingston Poly	24.26

**T13 200m SM Heat 5**

Posn	Name	Club	Perf
1	Greg Smith	Yate & D	21.87
2	Richard Reynolds	Hereford & Co AC	23.41
3	Scott Dorset	Bracknell AC	23.62
4	Paul May	Basingstoke & MH	23.64
5	Richard Twine	Channel Island	23.69

**T13 200m SM Heat 6**

Posn	Name	Club	Perf	
1	Gavin Tomlinson	Bedford & County	22.97	pb
2	Gavin Gordon	Bedford & County	24.09	
3	Andrew Flint	Telford AC	24.12	
4	Eniola Oluwasanya	Victoria Park H	24.28	
5	Pat Logan	Kingston Poly	24.75	

**T13 200m SM Heat 7**

Posn	Name	Club	Perf	
1	John McLaren	Cannock & Stafford	23.75	pb
2	Martin White	Mansfield H	23.89	
3	Marc Mullen-Browne	Stockport Harriers	23.90	pb
4	Michael Triggs	Bournemouth AC	24.75	
5	Ashley Sutton	Birchfield H	25.12	

**T13 200m SM Heat 8**

Posn	Name	Club	Perf	
1	Andy Smith	Milton Keynes AC	24.73	
2	Viv Oliver	Notts AC	25.06	
3	Patrick Bass	Charnwood AC	25.44	
4	Christopher Ashmore	Mansfield H	25.99	
5	Timothy Beaglehole	Bournemouth AC	26.70	

**T13 200m SM Heat 9**

Posn	Name	Club	Perf	
1	Charlie Batts	Witney RR	26.09	
2	Philip Clayton	Notts AC	26.31	
3	Kevin Pye	Charnwood AC	26.37	
4	Tino Kluge	Oxford Uni	27.05	
5	Michael May	Kingston Poly	27.11	

**T13 200m SM Heat 10**

Posn	Name	Club	Perf	
1	Anthony Brice	Bedford & County	24.97	
2	Victor Cook	Leicester Coritanian	25.60	
3	Paul Beeson	Stafford Harriers	25.67	
4	Tony Wells	Corby AC	26.19	
5	Charles Isetts	Kingston Poly	28.83	
6	Courtney Gunn	Bedford & County	29.65	pb

**T14 60m U15G Heat 1**

Posn	Name	Club	Perf	
1	Twinelle Hopeson	Arch Tennyson	7.81	pb
2	Clarice Underwood	Chiltern Harriers	8.08	
3	Eleanor Russon	Tipton H	8.31	pb
4	Layla Rees-Cooke	Birchfield H	8.39	pb
5	Sophie Poyner	City of Norwich	8.43	
6	Harriet Ball	Peterborough AC	8.48	pb
7	Ashia Harris	Rugby & N	8.49	pb

**T14 60m U15G****Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Cleo Lambert	Gloucester AC	8.46
2	Chloe Mays	WSE & Hounslow	8.53
3	Emma Komocki	Amber Valley AC	8.62
4	Vilde Hirth	B'ham Rowheath	8.91
5	Emily Abbiss	Halesowen AC	8.99
6	Alexandra Bayliss	Kidd/Stourport	9.13
7	Rachel Coles	Kidd/Stourport	9.27

**T14 60m U15G****Heat 3**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Lizzie Flint	Milton Keynes AC	8.17
2	Alexandra Freeman	Broms & Redd	8.64
3	Grace Keeping	Bournemouth AC	8.72
4	Sarah Nelms	Bournemouth AC	8.80
5	Rebecca Bolton	Kettering Town	9.29
6	Mellisa Clarke	Bexley AC	9.33
7	Chelsey Kaye	Kidd/Stourport	9.48

**T14 60m U15G****Heat 4**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Marie Hilliar	Nuneaton H	8.58
2	Shona Rankin	Coventry Godiva	8.63
3	Emily Howell	Leamington AC	8.65
4	Alicia Noble	WSE & Hounslow	8.74
5	Gemma Neve	Ryston Runners	8.84
6	Danielle Penman	Halesowen AC	9.00
7	Katherine Bolton	Kettering Town	9.52

**T15 60m U15B****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Adam Medcraft	WSE & Hounslow	7.48
2	Thomas Kenningley	Liverpool P & S	7.70
3	Gerome Donkor	Coventry Godiva	7.88
4	Callum Burns	Liverpool P & S	7.93
5	Dannish Khan	City of Sheffield	8.00
6	Samuel Benfield	Witney RR	8.11
7	Rory MacGregor	Corby AC	8.18
8	Richard Adiyia	Charnwood AC	8.65

**T16 60m U17W****Heat 1**

Posn	Name	Club	Perf	
1	Asha Philip	Newham & EB	7.64	
2	Helen Watkinson	B'ham Rowheath	8.12	pb
3	Harriett Lucas	City of Norwich	8.16	
4	Shelley Went	Leamington AC	8.20	
5	Stephanie Blackwell	Wirral AC	8.46	
6	Hannah Walsh	Charnwood AC	8.74	

**T16 60m U17W Heat 2**

Posn	Name	Club	Perf	
1	Kimi Moncrieffe	Birchfield H	8.15	
2	Gladis Bitulu	Brunel Juniors	8.27	
3	Akilah Atkin	Birchfield H	8.58	
4	Hannah Burkitt	Newark AC	8.86	
5	Chloe Foot	New Forest Junior AC	8.89	
6	Robyn Francis	Kidd/Stourport	9.00	

**T16 60m U17W Heat 3**

Posn	Name	Club	Perf	
1	Sarah Weaver	Hereford & Co AC	8.27	
2	Amanda Evans	Stratford-on-Avon	8.50	
3	Leanne Walters	Tipton H	8.66	
4	Vicky Fallow	Milton Keynes AC	8.86	
5	Lucy Buckingham	Bexley AC	9.08	

**T17 60m U17M Heat 1**

Posn	Name	Club	Perf	
1	Stefan Ellis	Stratford-on-Avon	7.22	
2	Matthew Dudley	Birchfield H	7.24	
3	Daniel James	WSE & Hounslow	7.44	pb
4	Christopher Wade	Halesowen AC	7.48	
5	Steven Horton	Tipton H	7.50	pb
6	Sam Harding	Birchfield H	7.56	
7	Abdillan Lanassin	Babington College	7.58	pb

**T17 60m U17M Heat 2**

Posn	Name	Club	Perf	
1	Paul Keepax	Birchfield H	7.46	
2	Sam Ratcliffe	Isle of Wight	7.47	pb
3	Michael Thompson	Coventry Godiva	7.56	pb
4	Luke Evans	Broms & Redd	7.58	pb
5	John Siddali	Mansfield H	7.67	
6	Nicholas Crawford	Tamworth AC	7.84	pb
7	Joshua DaCosta	Tipton H	8.11	

**T17 60m U17M****Heat 3**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	A Antoe Walters	Birchfield H	7.25
2	Andrew Pearson	Notts AC	7.53
3	Christopher Morter	Cambridge & Col	7.60
4	Alfred Larbi	Birchfield H	7.63
5	Dominic Friend	Charnwood AC	7.88
6	Joshua Rea	City of Norwich	8.01
7	Gareth Short	Coventry Godiva	8.05

**T17 60m U17M****Heat 4**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Martin Browne	Coventry Godiva	7.50
2	Guy Mayer	Cannock & Stafford	7.72
3	Tom Moakes	Notts AC	7.82
4=	Timur Gonulalan	OWLS AC	8.00
4=	Alex Rea	City of Stoke	8.00
6	Dale Price	Gloucester AC	8.07
7	James Traves	Shrewsbury AC	8.52

**T18 60m U20W****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Kylie Russell	Wessex & Bath	7.77
2	Abbi Tyson	Cannock & Stafford	7.96
3	Kylie Robilliard	Guernsey AC	7.99
4	Helen Martin	Telford AC	8.00
5	Sophie Lambert	Gloucester AC	8.21
6	Katie Barry	Corby AC	8.40
7	Dominique Smith	Cambridge & Col	8.42

pb

**T18 60m U20W****Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Cherelle Jones	Telford AC	7.88
2	Laura Cooke	Birchfield H	8.12
3	Becky Dowse	Coventry Godiva	8.42
4	Emma Williams	Coventry Godiva	8.44
5	Sarah Cooke	Birchfield H	8.52
6	Emma Williams	Birchfield H	8.57
7	Katie Oates	Bexley AC	8.97

**T19 60m U20M****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Adam Butler	WSE & Hounslow	7.11

2	Luke Lennon-Ford	Birchfield H	7.19
3	Liam Freemantle	Newbury AC	7.21
4	Adam Thomas	Birchfield H	7.31
5	Jacques Noel	New Forest Junior AC	7.44
6	Jamaine Donkor	Coventry Godiva	7.49

**T19 60m U20M Heat 2**

Posn	Name	Club	Perf	
1	James Godden	Cambridge & Col	7.39	pb
2	Joseph Lightfoot	Mansfield H	7.41	
3	Gareth Lewis	Horsham Blue Star	7.43	
4	Muyiwa Oseni	Rugby & N	7.48	
5	Graham Filer	Team Southampton	7.50	
6	Jamie Guest	Bridgnorth AC	7.50	

**T19 60m U20M Heat 3**

Posn	Name	Club	Perf
1	Michael Ajibulu	Herts Phoenix	7.35
2	Andrew Raybould	Tipton H	7.47
3	Sam Hook	Witney RR	7.49
4	Troy Flood	Kent AC	7.58
5	James Johnson	Medway & M'stone	7.63
6	Michael Randell	Team Southampton	7.69
7	Calum Hutchman	Charnwood AC	7.70

**T19 60m U20M Heat 4**

Posn	Name	Club	Perf	
1	Julian Adeniran	Charnwood AC	7.25	
2	Jason Green	Shrewsbury AC	7.78	pb
3	Paul Slater	Bexley AC	7.80	pb
4	Callem Forde	Charnwood AC	7.93	
5	Charles Parker	Tamworth AC	7.98	
6	Samuel Beaglehole	Bournemouth AC	8.17	pb
	Jason Woodley	Tipton H	DNS	

**T19 60m U20M Heat 5**

Posn	Name	Club	Perf
1	Richard Coney	Medway & M'stone	7.26
2	Daniel Maynard	Charnwood AC	7.33
3	Edirin Okoro	Birchfield H	7.36
4	Samuel Moss	Oxford City	7.48
5	Marcus Copeland	Tipton H	7.52
6	Philip Byrne	RSC	7.73

**T20a 3k Walk SM****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Mark Williams	Tamworth AC	13.15.07
2	Mark Wall	Leicester WC	15.38.85
3	John Constandinou	Birchfield H	16.49.42
4	David Fall	Birchfield H	19.33.37
5	Philip Evanson	Tamworth AC	20.07.38

**T20b 3k Walk SW****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Karen Davies	Birchfield H	18.41.34
2	Susan Rey	Leicester WC	21.13.86

**T20c 3k Walk U20M****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Simon Hambridge	Nuneaton H	14.49.31
	Mark Hambridge	Nuneaton H	DQ

**T20d 3k Walk U17M****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Mark O'Kane	Coventry Godiva	16.02.60

**T21 60m SW****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Emma Bailey	Rugby & N	7.6
2	Yvette Henry	Wigan Harriers	7.6
3	Sinead Johnson	Telford AC	7.9
4	Danielle Fawkes	Birmingham Uni	8.0
5	Martine Bomb	Oxford Uni	8.1
6	Joanne Brooke	University of W'ton	8.3
	Celine Pace	Uni of Sheffield	DNS
	Stefanie Little	Birchfield H	DNS

**T21 60m SW****Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Melinda Cooksey	Tipton H	7.8
2	Aimee Palmer	Birchfield H	8.0
3	Nicole Airey (Bowring)	WSE & Hounslow	8.0
4	Seemita Gumbs	Birchfield H	8.1
5	Joanne Frost	Unattached	8.2
6	Sophie Pallett	Kettering Town	8.4
7	Niamh Gavin	Oxford Uni	9.7

**T22 60m SM****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Greg Smith	Yate & D	6.98
2	Leroy Slue Jnr	Harrow AC	7.04
3	Mark Dunwell	Notts AC	7.07
4	Alwyn John	University of W'ton	7.14
5	Toleme Ezekiel	Oxford Uni	7.23
6	Bradley Williams	Deeside AC	7.28
7	Robert Harle	Chelmsford AC	7.40
8	Albert Foresythe	Birchfield H	7.66

**T22 60m SM****Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Phil Doorgachurn	Belgrave Harriers	7.08
2	Idris Ojuriye	Herne Hill H	7.13
3	James Heptonstall	Birmingham Uni	7.23
4	Matthew Woolley	Mansfield H	7.23
5	Andy Blow	Basingstoke & MH	7.27
6	Gavin Tomlinson	Bedford & County	7.28
7	Philip Browne	University of Bath	7.33
8	Petr Steiner	Cambridge & Col	7.37

**T22 60m SM****Heat 3**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Ben Jones	Tamworth AC	7.20
2	Jamie Gill	Cannock & Stafford	7.23 pb
3	Aiden Woodley	Tipton H	7.39
4	Andrew Flint	Telford AC	7.48
5	Chris Simpson	Bedford & County	7.49
6	Scott Dorset	Bracknell AC	7.51
7	Richard Twine	Channel Island	7.62
	Jim Tipper	Telford AC	DNS

**T22 60m SM****Heat 4**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Omena Ubiaro	Birchfield H	7.23
2	Martin White	Mansfield H	7.47
3	Ashley Sutton	Birchfield H	7.48
4	Paul Green	Yate & D	7.48
5	Gavin Gordon	Bedford & County	7.49
6	John McLaren	Cannock & Stafford	7.53
7	Paul May	Basingstoke & MH	7.58
	Ben Simons	Telford AC	DNS

**T22 60m SM****Heat 5**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Pat Logan	Kingston Poly	7.53
2	Chris Hendrie	Bexley AC	7.64
3	Andy Smith	Milton Keynes AC	7.80
4	Cecil Moven	Rugby & N	7.84
5	Patrick Bass	Charnwood AC	7.88
6	Michael Triggs	Bournemouth AC	7.89
	Des Wilkinson	Luton AC	DNS

**T22 60m SM****Heat 6**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Victor Cook	Leicester Coritnian	7.69
2	Viv Oliver	Notts AC	7.75
3	Tennyson James	Bedford & County	7.89
4	Christopher Ashmore	Mansfield H	7.99
5	Timothy Beaglehole	Bournemouth AC	8.01
6	Philip Clayton	Notts AC	8.13
	Keith Palmer	Southend AC	DNS

pb  
pb**T22 60m SM****Heat 7**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Richard Reynolds	Hereford & Co AC	7.45
2	Bola Ogielan	Oxford Uni	7.77
3	Anthony Brice	Bedford & County	7.81
4	Paul Beeson	Stafford Harriers	7.85
5	Gary Myles	Cannock & Stafford	8.00
6	Tino Kluge	Oxford Uni	8.07
7	Charles Isetts	Kingston Poly	9.03

**T23 800m SW****Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Sarah Hopkinson	Gloucester AC	2.11.46
2	Rebecca Hall	Kettering Town	2.13.30
3	Jo Harper	Cannock & Stafford	2.18.13
4	Sarah Heath	Shaftesbury Barnet	2.18.72
5	Clare Bennett	University of Bath	2.20.17
6	Natalie Whiskin	Invicta East Kent AC	2.24.91

**T23 800m SW****Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Claire Burgoyne	Shrewsbury AC	2.19.76
2	Sarah Rhodes	Coventry Godiva	2.23.15

3	Susie Tawney	Leamington AC	2.36.14
4	Sami Day	Tamworth AC	2.42.98
5	Wendy Morant	Birchfield H	2.58.84

**T24 400m SM Heat 1**

Posn	Name	Club	Perf	
1	Simon Plaskitt	Cheltenham & C H	48.44	pb
2	Ian Allerton	B'heath & Bromley	49.64	
3	Neil Simpson	B'heath & Bromley	50.30	
4	Lawrence Baird	Trafford AC	50.52	
5	Nick Little	Loughborough St	50.54	

**T24 400m SM Heat 2**

Posn	Name	Club	Perf
1	Ritchie Morgan	WSE & Hounslow	49.02
2	Ed Harrison	B'heath & Bromley	49.58
3	Aaron Aplin	Notts AC	50.14
4	Paul Wright	Mansfield H	50.20
5	Nigel Lowther	Medway & M'stone	50.22

**T24 400m SM Heat 3**

Posn	Name	Club	Perf
1	Martin Cook	Mansfield H	50.14
2	John Merrett	Severn AC	50.38
3	Adam Bellis	Sale Harriers	50.65
4	Richard Twine	Channel Island	52.02
5	James Colclough	Kidd/Stourport	52.13

**T24 400m SM Heat 4**

Posn	Name	Club	Perf
1	David Clifford	Birmingham Uni	50.63
2	James Moroney	Kingston Poly	53.22
3	Jan Schuler	Thames Valley H	53.47
	Alex Merrett	Severn AC	DNS
	Patrick Bass	Charnwood AC	DNS

**T24 400m SM Heat 5**

Posn	Name	Club	Perf
1	Sean Reidy	Nene Valley H	51.73
2	Greg Goodrem	Southend AC	52.12
3	James Murphy	Nene Valley H	52.51
4	Chris Simpson	Bedford & County	54.18
	Graham Eastly	Southend AC	DNS

**T24 400m SM Heat 6**

Posn	Name	Club	Perf
1	Stephen McGeown	Aldershot FD	51.64
2	Jamie Fletcher	Burton AC	52.66
3	Tony Noel	Cheltenham & C H	52.88
4	Paul Tasker	Tamworth AC	54.07
5	Scott Dorset	Bracknell AC	56.11

**T24 400m SM Heat 7**

Posn	Name	Club	Perf
1	Stefan Wilcockson	Mansfield H	54.02
2	Andrew Beeston	Shrewsbury AC	54.66
3	Richard Henry	Birchfield H	54.80
4	Richard Rowberry	Cheltenham & C H	55.16
	Keith Palmer	Southend AC	DNS

**T24 400m SM Heat 8**

Posn	Name	Club	Perf
1	William Merrett	Severn AC	55.16 pb
2	Tennyson James	Bedford & County	55.76
3	Kevin Pye	Charnwood AC	57.09
4	Zeesman Akhtar	Oxford Uni	59.34

**T24 400m SM Heat 9**

Posn	Name	Club	Perf
1	Eniola Oluwasanya	Victoria Park H	55.63
2	Tony Wells	Corby AC	59.46
3	Michael May	Kingston Poly	63.09
4	John Garber	Herne Hill H	70.27

**T25 200m U15G Heat 1**

Posn	Name	Club	Perf
1	Twinelle Hopeson	Arch Tennyson	25.32
2	Shauna Lawton	Coventry Godiva	27.29
3	Mariette Hodgson	Birchfield H	27.85
4	Ashia Harris	Rugby & N	27.89
5	Sophie Wright	Rugby & N	27.91

**T25 200m U15G Heat 2**

Posn	Name	Club	Perf
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1	Harriet Ball	Peterborough AC	27.7
2	Jade Hodgson	Birchfield H	27.7
3	Sophie Poyner	City of Norwich	27.9
4	Emily Howell	Leamington AC	28.0
5	Hannah Jackson	Yate & D	29.0

**T25 200m U15G Heat 3**

Posn	Name	Club	Perf
1	Eleanor Russon	Tipton H	27.53
2	Carina Hilliar	Nuneaton H	29.01
3	Danielle Marczak	Tamworth AC	29.12
4	Alexandra Freeman	Broms & Redd	29.39
5	Hannah Whitehouse	Tipton H	29.61

**T25 200m U15G Heat 4**

Posn	Name	Club	Perf
1	Sophie Meakin	Rugby & N	28.04
2	Gemma Neve	Ryston Runners	28.86
3	Kelly Duffill	Broms & Redd	29.28
4	Cleo Lambert	Gloucester AC	29.60
5	Katherine Bolton	Kettering Town	32.45

**T25 200m U15G Heat 5**

Posn	Name	Club	Perf
1	Vicky Pope	Milton Keynes AC	28.19
2	Chloe Mays	WSE & Hounslow	29.16
3	Emily Abbiss	Halesowen AC	29.47
4	Mellisa Clarke	Bexley AC	31.59
5	Rebecca Bolton	Kettering Town	31.78

**T25 200m U15G Heat 6**

Posn	Name	Club	Perf
1	Lizzie Flint	Milton Keynes AC	27.14
2	Danielle Penman	Halesowen AC	28.69
3	Emily Mousley	B'ham Rowheath	29.16
4	Alexandra Bayliss	Kidd/Stourport	29.98

**T26 200m U15B Heat 1**

Posn	Name	Club	Perf
1	Adam Medcraft	WSE & Hounslow	24.76
2	Rory MacGregor	Corby AC	25.33
3	Adam Smith	Milton Keynes AC	25.41
4	Matthew Scragg	City of Stoke	25.97

**T26 200m U15B Heat 2**

Posn	Name	Club	Perf
1	Gerome Donkor	Coventry Godiva	25.09
2	Callum Burns	Liverpool P & S	25.39
3	Dannish Khan	City of Sheffield	25.79
4	Tom Marsland	Isle of Wight	26.37
5	Jacob Powell	Tamworth AC	26.44

**T26 200m U15B Heat 3**

Posn	Name	Club	Perf
1	Thomas Kenningley	Liverpool P & S	24.46
2	Samuel Benfield	Witney RR	25.99
3	Efekemo Okoro	Birchfield H	26.08
4	James Wright	Rugby & N	28.04
5	Richard Adiyia	Charnwood AC	28.61

**T27 200m U17W Heat 1**

Posn	Name	Club	Perf
1	Meghan Beesley	Tamworth AC	25.10
2	Emily Thackrah	Aldershot FD	26.08
3	Harriett Lucas	City of Norwich	26.56
4	Charlotte Mackie	Medway & M'stone	26.91
5	Helen Watkinson	B'ham Rowheath	26.96

**T27 200m U17W Heat 2**

Posn	Name	Club	Perf	
1	Vicky Randall	Medway & M'stone	26.75	pb
2	Emily Baker	Gloucester AC	27.35	
3	Stephanie Blackwell	Wirral AC	27.60	
4	Tiffany Markham	New Forest Junior AC	27.84	

**T27 200m U17W Heat 3**

Posn	Name	Club	Perf	
1	Shelley Went	Leamington AC	26.97	
2	Anais Finck	Worcester AC	27.26	pb
3	Becca Carozzi	Team Southampton	27.33	
4	Emma Johnson	Bournemouth AC	28.12	

**T27 200m U17W Heat 4**

Posn	Name	Club	Perf
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1	Suzanne Clijton	Isle of Wight	27.92
2	Tuesday Bickley	Broms & Redd	28.44
3	Annabel Butcher	Leamington AC	29.11
4	Rebecca Houston	Bridgnorth AC	29.59

**T27 200m U17W Heat 5**

Posn	Name	Club	Perf
1	Hannah Stammers	Bournemouth AC	28.02
2	Chloe Robathan	RSC	28.16
3	Chloe Foot	New Forest Junior AC	29.16
4	Robyn Francis	Kidd/Stourport	32.03

**T28 200m U17M Heat 1**

Posn	Name	Club	Perf
1	Sean Duffill	Birchfield H	22.64
2	Matthew Dudley	Birchfield H	22.75
3	Paul Jones	Halesowen AC	23.69
4	A Antoe Walters	Birchfield H	23.83
5	Luke Evans	Broms & Redd	23.95

**T28 200m U17M Heat 2**

Posn	Name	Club	Perf
1	Dwayne Blake	WSE & Hounslow	23.22
2	Daniel James	WSE & Hounslow	23.60
3	Christopher Wade	Halesowen AC	23.85
4	Dominic Friend	Charnwood AC	25.39
5	Julian Bahrami	Eastbourne Rovers	25.71

pb

**T28 200m U17M Heat 3**

Posn	Name	Club	Perf
1	Steven Horton	Tipton H	23.24
2	Paul Keepax	Birchfield H	23.99
3	John Siddali	Mansfield H	24.08
4	James Lea	Tipton H	24.29
5	Alex Caine	Southend AC	26.37

**T28 200m U17M Heat 4**

Posn	Name	Club	Perf
1	Michael Thompson	Coventry Godiva	23.65

2	Sam Ratcliffe	Isle of Wight	23.71
3	Abdillar Lanassin	Babington College	24.45
4	Guy Mayer	Cannock & Stafford	24.70
5	Gareth Short	Coventry Godiva	26.41

**T28 200m U17M Heat 5**

Posn	Name	Club	Perf
1	Nathan Nwenwu	Wolves & Bilston	24.20
2	Christian Rees-Cooke	Birchfield H	25.48
3	Alex Rea	City of Stoke	26.17
4	Alastair Phillips	Bournemouth AC	26.67

**T28 200m U17M Heat 6**

Posn	Name	Club	Perf
1	Martin Browne	Coventry Godiva	23.95
2	Alex McGrath	Sparkhill H	24.33
3	Sam Farrar	Kettering Town	25.67
4	James Traves	Shrewsbury AC	28.17

**T29 400m SW Heat 1**

Posn	Name	Club	Perf
1	Claire Nichols	Woking AC	55.73
2	Karen Gear	Woodford G & EL	57.15
3	Nicole Airey (Bowring)	WSE & Hounslow	59.22
4	Holly Barlow	RSC	59.64
5	Amy Frith	Tamworth AC	59.94

**T29 400m SW Heat 2**

Posn	Name	Club	Perf	
1	Claire Burgoyne	Shrewsbury AC	58.02	
2	Katharine Sam	Oxford Uni	59.59	pb
3	Leila Corfield	Bristol & West AC	59.85	
4	Rebecca Hall	Kettering Town	60.07	
5	Hazel Le Cornu	Loughborough St	60.53	pb
6	Victoria Nealon	Rugby & N	63.13	

**T29 400m SW Heat 3**

Posn	Name	Club	Perf	
1	Louise Webster	University of W'ton	62.26	
2	Jane Horder	Cheltenham & C H	62.99	
3	Lesley Hopkins	Enfield & Haringey	64.59	
4	Donna Shorthouse	Notts AC	64.66	
5	Kirsty Clarke	Ryston Runners	65.00	
6	Sally Hughes	Oxford Uni	67.74	pb

**T30 800m SM Heat 1**

Posn	Name	Club	Perf
1	Tom Causebrook	Rugby & N	1.55.92
2	Martin Airey	B'heath & Bromley	1.56.86
3	Peter Bridger	Luton AC	1.56.99
4	Tom Druce	Channel Island	1.59.24
5	Ian Hough	City of Sheffield	2.01.46

**T30 800m SM Heat 2**

Posn	Name	Club	Perf
1	James Miller	Uni of Gloucester	1.58.99
2	Michael Hobson	Bexley AC	1.59.07
3	Steve Borrill	Scunthorpe & D	2.00.78
4	Mark Fallaize	Vale of Aylesbury	2.01.84

**T30 800m SM Heat 3**

Posn	Name	Club	Perf
1	Steven Sinclair	Coventry Godiva	1.58.78
2	Daniel Eckersley	Oxford Uni	2.00.54
3	Richard Airey	Brighton & Hove AC	2.00.98
4	Ken Harker	Richmond & Zetland	2.03.31

**T30 800m SM Heat 4**

Posn	Name	Club	Perf
1	David Lemon	Deeside AC	2.00.61
2	Steve Smith	Preston Harriers	2.02.93
3	Darren Lewis	Tipton H	2.05.59
4	Jon Norris	Cheltenham & C H	2.06.43

**T30 800m SM Heat 5**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Daniel Clarke	Coventry Godiva	2.06.09
2	Mark Norris	Cheltenham & C H	2.06.26
3	Richard Somers	Epsom & Ewell H	2.25.50
4	John Garber	Herne Hill H	2.58.73

**T31 200m U20W Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Kylie Russell	Wessex & Bath	25.70
2	Henrietta Kodilinye-Sims	Newham & EB	25.84
3	Hannah Biddiss	Medway & M'stone	27.05
4	Ellie Doel	Eastbourne Rovers	27.81

**T31 200m U20W Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Dominique Smith	Cambridge & Col	27.37
2	Emma Williams	Coventry Godiva	27.53
3	Laura Cooke	Birchfield H	27.54
4	Sophie Lambert	Gloucester AC	27.84

**T31 200m U20W Heat 3**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Hollie Owen	Tamworth AC	26.28
2	Sophie Copping	Medway & M'stone	27.46
3	Laura Marzaroli	New Forest Junior AC	31.68

**T32 200m U20M Heat 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Adam Butler	WSE & Hounslow	22.32
2	Liam Freemantle	Newbury AC	22.49
3	Luke Stott	Havering M	22.74
4	Luke Smallwood	Medway & M'stone	23.05
5	Samuel Moss	Oxford City	23.94

**T32 200m U20M Heat 2**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Jacques Noel	New Forest Junior AC	22.82
2	James Godden	Cambridge & Col	22.85
3	Joseph Lightfoot	Mansfield H	23.29
4	Richard Coney	Medway & M'stone	23.69
5	Jamie Guest	Bridgnorth AC	23.72
6	James Johnson	Medway & M'stone	23.95

**T32 200m U20M Heat 3**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Jamaine Donkor	Coventry Godiva	23.70
2	Colaine McLeish	Tipton H	23.75
3	Patrick Palmer	Birchfield H	24.10
4	Michael Henry	Tipton H	24.14
5	Troy Flood	Kent AC	24.67

**T32 200m U20M Heat 4**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Sam Hook	Witney RR	23.56
2	Daniel Maynard	Charnwood AC	23.89
3	Brenton Hardware	Birchfield H	24.21
4	Richard Woolley	Mansfield H	24.26
5	Samuel Beaglehole	Bournemouth AC	26.62

**F1a Pole Vault SM Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Christopher Tremayne	Cannock & Stafford	4.80
2	Adam Turvey	Halesowen AC	4.00
3	Allan Williams	B'heath & Bromley	3.80
4	Simon Eastwood	Bedford & County	3.70
5	Pete Lewis	Nene Valley H	3.60
6	Nick Hazelwood	Halesowen AC	3.20

**F1b Pole Vault U20M Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Adam Smith	Tipton H	4.00
2	Michael Pierpoint	Tamworth AC	3.10

**F1c Pole Vault U17M****Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Douglas Curwen-Reed	King Edward's Bath	4.10
2	Robert Warensjo	Swindon Harriers	4.00
3	Freddie Pask	Corby AC	3.30
4	Cameron Walker-Shepherd	Bristol & West AC	3.30
5	Benedict Abbott-Gribben	Cambridge & Col	2.90

**F1d Pole Vault SW****Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Clare Neve	Trafford AC	3.80
2	Jemma Harding	Bedford & County	3.70
3	Helen Webb	Halesowen AC	3.00
4	Sara Nicholls	Solihull & SH	2.70

**F2a High Jump SM****Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	
1=	Martin Lloyd	Bexley AC	2.13	pb
1=	Mark Crowley	Enfield & Haringey	2.13	pb
3	Tim Payne	Solihull & SH	1.95	
4	Greg Goodrem	Southend AC	1.80	
5	Zack Morrison	Biggleswade AC	1.75	

**F2b High Jump U20M****Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Daniel Nash	Cannock & Stafford	2.00
2	Steven Ridgway	Telford AC	1.90
3	James Stokes	Solihull & SH	1.90
4	Karl Robbins	Coventry Godiva	1.90
5	Ashley Barker	Cheltenham & C H	1.85
6	Nick Jarvis	Clevedon AC	1.85
7	Alexander Skouby	Solihull & SH	1.85
8=	Mitchell Simms	Tipton H	1.80
8=	Lewis Ely	West Norfolk AC	1.80
10	Daniel Boden	Bridgnorth AC	1.80
11	Jason Green	Shrewsbury AC	1.70

**F3a Long Jump U17M Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Joe Shaw	Swindon Harriers	6.22
2	Michael Thompson	Coventry Godiva	5.97
3	Ashley Gibbs	Kidd/Stourport	5.04

**F3b Long Jump SW Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Aimee Palmer	Birchfield H	5.57
2	Ellie Darby	Birchfield H	5.39
3	Frances Smithson	Oxford Uni	5.11
4	Megan Evans	RSC	4.98
5	Stephanie Madgett	Oxford Uni	4.77
6	Jennifer Newton	RSC	4.63

**F4 Long Jump SM Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Luke Thomas	Enfield & Haringey	6.81
2	James Heptonstall	Birmingham Uni	6.76
3	Philip Browne	University of Bath	6.52
4	Matthew Woolley	Mansfield H	6.37
5	Ben Simons	Telford AC	6.26
6	Neil Skelding	Dudley & S'bridge	5.98
7	Iggy Singh	Crawley AC	5.89
8	Paul Slater	Bexley AC	5.63
9	Chris Hendrie	Bexley AC	5.50
10	Tom Brown	Oxford Uni	5.41
11	Phil Brown	Uni of Gloucester	5.40
12	Charlie Batts	Witney RR	5.11
13	Victor Cook	Leicester Coritanian	4.88

**F5a High Jump U15B Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Onajite Okoro	Birchfield H	1.65
2	David Boden	Bridgnorth AC	1.50
3	Richard Adiyia	Charnwood AC	1.40

pb

**F5b High Jump U15G Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Hannah Frith	Bedford & County	1.55
2	Zoey Phillips	Nuneaton H	1.55
3	Chloe Boulter	Cannock & Stafford	1.50
4=	Rosie Hall	Cheltenham & C H	1.50
4=	Kelly Johnson	Bedford & County	1.50
6	Jeerawan Pihsub	Cannock & Stafford	1.45
7	Marie Hilliar	Nuneaton H	1.20
8	Carina Hilliar	Nuneaton H	1.15

**F6d Pole Vault U15B Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Matthew Redding	Bedford & County	2.80

**F6f Pole Vault U20W Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Rebecca Lilley	Birchfield H	3.20
2	Sarah Williams	Tamworth AC	2.70

**F6g Pole Vault U17W Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Robyne Mallows	Bedford & County	2.70
2	Faye Shilvock	Halesowen AC	2.50

**F7 High Jump U17M Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
1	Christopher Berns	Solihull & SH	1.96
2	Scott Johnson	Bedford & County	1.81
3	Mark Brown	Coventry Godiva	1.75
4	Adam Rigby	Cannock & Stafford	1.70
5=	Edwin Elmhirst	Worcester AC	1.70
5=	Ben Nelson	Birchfield H	1.70
7	Ashley Gibbs	Kidd/Stourport	1.60

**F8 Long Jump U17W Pool 1**

Posn	Name	Club	Perf	
1	Meghan Beesley	Tamworth AC	5.77	pb
2	Alice Lennox	City of Stoke	5.43	
3	Helen Watkinson	B'ham Rowheath	4.64	
4	Amanda Evans	Stratford-on-Avon	4.62	
5	Helen Hanstock	Stroud & D	4.62	
6	Anais Finck	Worcester AC	4.56	
7	Hannah Walsh	Charnwood AC	4.40	
8	Lucy Buckingham	Bexley AC	4.34	
9	Sarah-Jane Williams	Gloucester AC	4.17	
10	Sophie Meszar	Coventry Godiva	4.13	
11	Vicky Fallow	Milton Keynes AC	3.95	
12	Rebecca Houston	Bridgnorth AC	3.27	

**F9a High Jump U20W Pool 1**

Posn	Name	Club	Perf
1	Sophie Hine	Rugby & N	1.73
2	Wendy Meadows-Smith	West Suffolk AC	1.65
3	Claire O'Reilly	Derby AC	1.55
4	Gemma Mills	Nuneaton H	1.45

**F9b High Jump SW Pool 1**

Posn	Name	Club	Perf
1	Ailsa Wallace	Cardiff AAC	1.73
2	Sarah-Jane Darrington	Leeds Met Carn	1.55

**F10a Shot SW Pool 1**

Posn	Name	Club	Perf
1	Alison George	Cannock & Stafford	9.78
2	Helen Ferguson	Telford AC	9.56
3	Sarah-Jane Darrington	Leeds Met Carn	8.68

**F10b Shot U20W Pool 1**

Posn	Name	Club	Perf
1	Bethany Staniland	Leeds City AC	11.80
2	Jenny Scott	B'ham Rowheath	10.96
3	Gemma Mills	Nuneaton H	08.19

**F10c Shot U17W** **Pool 1**

Posn	Name	Club	Perf
1	Rachel Wallader	Halesowen AC	10.42
2	Akilah Atkin	Birchfield H	09.13
3	Chloe Cousins	Birchfield H	08.45
4	Mint Therapanya	Cheltenham & C H	08.43
5	Esther Winchcombe	Cheltenham & C H	08.19
6	Annabel Butcher	Leamington AC	06.14

**F10d Shot U15G** **Pool 1**

Posn	Name	Club	Perf
1	Hannah Jackson	Yate & D	08.13
2	Emily Mousley	B'ham Rowheath	07.25
3	Zoe Green	Shrewsbury AC	06.75

**F11a Triple Jump SM** **Pool 1**

Posn	Name	Club	Perf
1	Lawrence Harvey	Trafford AC	13.99
2	Jonathan Lowe	Oxford Uni	13.26 pb
3	Tom Brown	Oxford Uni	12.42
4	Phil Brown	Uni of Gloucester	11.56
5	Nicholas Crawford	Tamworth AC	11.04

**F11b Triple Jump SW** **Pool 1**

Posn	Name	Club	Perf
1	Katharine Streatfield	Team Southampton	12.06
2	Frances Smithson	Oxford Uni	11.73 pb
3	Megan Evans	RSC	09.89

**F12 High Jump U17W** **Pool 1**

Posn	Name	Club	Perf
1	Clare Heard	Solihull & SH	1.65 pb
2	Suzi Boast	Bedford & County	1.60
3=	Kelly Daly	Radley AC	1.60 pb
3=	Alice Lennox	City of Stoke	1.60
5	Rachel Spooner	Yate & D	1.60 pb
6	Chloe Hillier	City of Bath	1.55
7	Helen Hanstock	Stroud & D	1.50

**F13a Shot SM** **Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	
1	Daniel Brunt	City of Sheffield	13.88	
2	Ken Baker	Nene Valley H	13.88	pb
3	Gregg Nixon	City of Stoke	12.22	
4	David Jones	Hereford & Co AC	10.77	pb
5	John Twiddle	K'ston upon Hull	10.61	

**F13b Shot U20M** **Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	
1	Elliot Price	City of Stoke	13.68	
2	Sam Winchcombe	Cheltenham & C H	12.85	
3	Jason Green	Shrewsbury AC	11.44	pb
4	Richard Parsons	B'ham Rowheath	09.00	

**F13c Shot U17M** **Pool 1**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	
1	Martin Bartholomew	City of Stoke	14.09	pb
2	Thomas Pearson	Charnwood AC	10.48	