OXFORD CITY RACE

Date: Saturday 12th February 2022 Location: University Parks, Oxford

http://www.ouoc.org.uk/



Oxford University Orienteering Club are delighted to once again be hosting the Oxford City orienteering race. It offers an opportunity for orienteers to experience high quality orienteering around the serene university environment of Oxford. This is a regional level event.

The event will be held in a COVID-secure manner in accordance with British Orienteering's operational guidance. It is really important that all participants read the COVID-19 Code of Conduct and abide by it before, during and after competing. It has recently been updated so please click the link above to read the latest version.

This event will be SIAC enabled.

Acknowledgements

We would like to thank Bob and Pattie Beresford of TVOC for updating the Oxford City map for this event, TVOC and OUCCC for letting us borrow their equipment, and Tom Dobra (TVOC/DRONGO) for offering to lead our SI team. TVOC have offered an amazing amount of support, without them this event simply wouldn't be possible.

Special thanks go to all the colleges that have given us permission to access their grounds; their generosity has given us the opportunity to put on some really special courses and give our participants some exclusive chance to run around some of the most historic and important buildings in the world! They are:

- Christ Church
- Lady Margaret Hall
- Magdalen College

- St Anne's College
- Trinity College
- University College
- Wadham College

We highly recommend that those of you who are looking for universities apply to them!

Directions/Parking

The assembly will be right in the heart of the city, located in the University Parks, providing a great opportunity for any tourist activities or simply lunch in one of Oxford's traditional old pubs following the event.

Parking in the centre of Oxford is difficult to find, and expensive (nearest post code is OX2 6PS). If coming by car, we strongly recommend you use Park & Ride. More information can be found at https://www.oxford.gov.uk/parkandridesites, Watch for signs to Park & Ride locations as you approach the Oxford Ring Road.

Oxford is well served by rail and coach links from most major cities. The rail and coach stations are both about 20 minutes walk from University Parks.

Terrain Description

An urban style race, in line with British Orienteering's urban event guidelines, providing winning times longer than traditional sprint races. The race will feature navigation through technical university campus terrain and enjoyable scenery as you race along the streets and Oxford's serene colleges.

The map has scale 1:5000. Recently updated by Bob and Pattie Beresford, TVOC.

On the NW entrance to the science area there is some building work that constantly changes but is still passable onto the streets:



This is done to illustrate that the building work is passable however routes through it may be narrower and less direct than they appear.

Safety

Please pay attention to a few important safety points:

• Pay attention while crossing roads. Remember to keep an eye out for bicycles as there are lots of them and they are often very quiet.

- Dress for the conditions. Please bring plenty of warm clothes and a waterproof jacket. Wear shoes appropriate for running and/or walking.
- While there are lots of cafes and shops in Oxford, there are no food or drink stalls at the assembly area. Please remember to bring enough food and water for while you are at the event.
- Oxford is a very busy city. Please be considerate of other members of the public. Take special care while in any colleges to not collide with any residents or other runners as these areas often have lots of pinch points and blind bends.
- Please pay attention to all OOB areas, including construction sites.
- "Stranger Danger": Parents/Carers please remind children not to approach or talk to anybody who is not a marshal wearing a hi-vis jacket. The young junior course will be contained in University Parks which is generally safe but it is still a public park.
- Many stone slabs and cobbles are slippery when wet. If it is raining or wet please take care on these slippery surfaces.
- Please do not run around near any tents, tables or chairs in the assembly area.
- Please do not run across any fields marked as out of bounds. There is one rugby field that is not marked OOB but may still have rugby players on, courses do not go directly across it but please avoid it if there are people playing.

Please note that under exceptionally high winds or icy conditions we may be forced to cancel the event. Current weather forecasts are for 5-7 degrees Celsius and overcast skies. There are no weather warnings for Saturday at the time of writing.

We highly recommend taking a lateral flow COVID test before travelling to Oxford to reduce the transmission of coronavirus.

In case of emergency please use the phone number printed on the maps.

Event Layout

Below is the layout for the assembly area.



<u>Courses</u>

Usual range of UK Urban courses and classes (provisional course lengths listed alongside class below):

Course Number	Classes	Distance
1	Men's Open (MO)	8.1km
2	Women's Open (WO), Men's Vet (M40+)	7.1km
3	Women's Vet (W40+), Men's Super Vet (M55+)	5.5km
4	Women's Super Vet (W55+), Men's Ultra Vet (65+)	3.9km
5	Women's Ultra Vet (65+), Women's Hyper Vet (75+), Men's Hyper Vet (75+)	3.8km
6	Men/Women Junior (M/W16-)	3.1km
7	Men/Women Young Junior (M/W12-)	1.7km

Please note that all distances quoted are straight line distances, the actual distance run will be further than this.

Courses 6 and 7 will be entirely within the confines of the University Parks, the science campus and (for course 6 only) Lady Margaret Hall college, so will not cross any roads. Competitors who are under 16 on 12th February may enter only classes M/W16- and M/W12-.

Older competitors may enter whichever classes they like. However, to score points in the South of England Orienteering Urban league, they must enter the class for their age or run up.

Start times from 10:30 to 13:00. It is a punching start.

Courses close at 14:30.

You must report to the download by this time, regardless of whether you have finished your course or not.

How to Enter

On SiEntries. We have replaced the entry deadline with a course limit, entries are open until courses fill up.

https://www.sientries.co.uk/event.php?event_id=9217

Under 16s may only enter courses 6 and 7.

Entry Cost: Seniors £15; Juniors and students £5; SIAC hire £2.

Start Lists

Start lists by course and name order are now available at http://ouoc.org.uk

Facilities

Public toilets 200m from Assembly.

Officials

Organiser: Colm Moran - colm.moran15@yahoo.co.uk

Planner: Zac Hudd

Controller: Neville Baker, TVOC

OUOC President: Ryan Elliot - president@ouoc.org.uk