

OUOC Risk Assessment 2023

INTRODUCTION

The risk assessment is designed to highlight risks that are likely to occur on trips, trainings and socials organised by Oxford University Orienteering Club (OUOC), and to identify appropriate courses of action.

Orienteering events visited by the club will occur all around the UK. Competitions are organised under guidelines from the British Orienteering Federation (BOF). Once or twice per term, we may arrange accommodation to stay overnight for one night between a Saturday event and a Sunday event.

Summer multi-day events (normally held abroad) are organised independently of the club and it is up to individual members to make their own travel arrangements. Travel insurance is recommended. A Trip Registration Form will be sent to the University Insurance Department at least one month ahead of the trip.

At events, club members are expected to:

- Know how to use a compass and whistle.
- Be aware of course closure times / be familiar with the use of safety bearings.
- Carry specialist clothing if courses require (waterproof jacket, full leg cover, whistles).
- Tackle courses appropriate to their abilities.
- Inform club officials of any relevant medical conditions - this information will be kept strictly confidential, unless required.
- Behave responsibly.

The club will:

- Ensure that individuals comply with the above requirements.
- Fill out an event registration form.
- Record injuries in the accident report form.
- Recommend running kit available for purchase to club members to protect limbs from cuts / scratches etc.
- Provide means for members to train sufficiently and recommend warm-up / cool-down exercises to reduce the probability of injury whilst competing.

RISK ASSESSMENT FORM – OXFORD UNIVERSITY SPORT	
SPORTS CLUB	Oxford University Orienteering Club (OUOC)

NAME OF PERSON COMPLETING THIS RISK ASSESSMENT	Holly Curtis	DATE OF ASSESSMENT:	21/09/2023
NAME OF PERSON SIGNING THIS RISK ASSESSMENT (ONE FROM; CLUB PRESIDENT, SECRETARY OR CLUB H&S OFFICER)	Holly Curtis, OUOC Secretary 2023-24	SIGNING OFF DATE:	30/11/2023
Risk Assessment Review(s) – carry out in the event of any control measures being no longer effective, if there are changes in the activity that could lead to new risks and particularly if there has been an accident/incident or near miss. Changes are not always necessary but any review and notes of any change(s) (or no change) should be noted.			
Date of Review	Summarise any changes and why, if any, or note if none.	Person(s) updating RA	Notes
RISK MATRIX		LIKELIHOOD	
		High (4)	Medium (3)
		Low (2)	Remote (1)
	Severe (D)	High	High
		Medium	Low

CONSEQUENCES	Moderate (C)	High	Medium	Medium / Low	Effectively Zero
	Insignificant (B)	Medium / Low	Low	Low	Effectively Zero
	Negligible (A)	Low	Effectively Zero	Effectively Zero	Effectively Zero
HAZARD (Cause and consequences)	AFFECTED GROUPS (e.g. players, coaches, spectators, officials)	EXISTING CONTROL MEASURES IN PLACE (below is guidance only – change/adapt as appropriate)	RISK (Club to insert. See risk matrix above)	SUGGESTED FURTHER ACTION(S) (this section <u>needs</u> to be completed where risk is determined to be medium/low, medium, or high . Where risk is determined to be low, effectively zero , this is optional)	
VENUE/ LOCATION - SPECIFIC					
Outdoor hazards – minor / major injury caused by: <ul style="list-style-type: none"> ● Slips, trips, falls ● Other users ● Weather extremities ● Uneven surfaces ● Injuries ● Tree roots/branches ● Vegetation (prickly, stinging) 	Participants	Any new participants have made committee aware of any injuries. For events organised by OUOC: <ul style="list-style-type: none"> ● Check training area by session leader(s) before activity commences. ● Check any other equipment (e.g., controls, etc.) 	Mild injuries, e.g. nettle stings 4A Medium injuries e.g. ankle injury 3C Serious injury e.g. hit by a car 1D	In event of any serious injury/incident: <p>Away from Iffley Road – inform event officials first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to</p>	

<ul style="list-style-type: none"> ● Litter (glass, used needles) ● Water (streams, rivers, ponds) ● Traffic (including road crossings) 		<ul style="list-style-type: none"> ● Check lighting conditions are appropriate for activity <p>For external events:</p> <ul style="list-style-type: none"> ● Participants to check final details shared by event organiser, including details of hazards, safety bearings, appropriate clothing, and nearest A&E facilities. ● Follow safety briefing given by event organiser. <p>Check for any adverse weather in advance and have alternate plans in place if necessary. If weather is extreme do not start activity (because you feel you must – remember safety is paramount) or abandon if conditions etc become unsafe during activity.</p> <p>Ensure those not involved in activity are outside of running area.</p>		<p>https://oxforduni-remoteforms.info-exchange.com/Incident</p>
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<p>Mountain/Hill based activities – minor / major injury, fatality, hypothermia caused by:</p> <ul style="list-style-type: none"> ● Slips, trips, falls (incl from height) ● River crossings ● Remote locations (protocols in place for calling 999 etc.) ● Communication (bad weather) ● Falling debris ● Terrain type ● Shelter ● Weather extremities 	<p>Participants</p>	<p>Plan trips in advance, using appropriate equipment/data available, for terrain type, heights possible shelter points including for emergency access.</p> <p>In advance, make participants aware of ALL equipment and clothing that will be required.</p> <p>Check all other equipment and clothing are in working order before leaving for/starting activity and ensure they are appropriate for weather (and water) conditions on the day(s) of activity.</p> <p>Check lighting conditions are appropriate for activity.</p> <p>Check for any adverse weather in advance and have alternate plans in place if necessary. If weather is extreme do not start activity (remember safety is paramount) or abandon if</p>	<p>2D</p>	<p>In event of any serious injury/incident:</p> <p>Away from Iffley Road – inform event organiser first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remotefoms.info-exchange.com/Incident</p>
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		<p>conditions etc become unsafe during activity.</p> <p>Carry a whistle on remote areas and a cagoule if weather conditions are poor</p> <p>Ensure everyone on the activity are clear on the emergency procedures and protocols. Have appropriate safety equipment to hand (and where appropriate back up). Ensure mobile phones are charged for potential emergency purposes.</p> <p>Avoid inappropriate behaviour at height.</p> <p>Abide by national and local regulations governing sport / council area in the UK of activity.</p>		
<p>Getting permanently lost (poor map reading, foul weather conditions, or lost/damaged map)</p>	<p>Participants</p>	<p>Novices taught basic map and compass skills. Carry a whistle to attract attention if in a remote area and a cagoule if weather conditions are poor. Ensure everyone is fully prepared.</p>	<p>2D</p>	<p>Ensure that everyone knows contingency plans and safety bearings.</p> <p>Consult weather forecast in advance and do not participate in extreme weather conditions.</p>

				In case of a lost club member, ensure that an event official is informed so that a search party can be formed and/or the emergency services can be contacted, as appropriate.
TRAINING / COMPETITION ACTIVITY AND EQUIPMENT - SPECIFIC				
Poorly planned and managed activity including poor coaching practice may contribute to unsafe practices.	Experienced activity leaders, Participants	<p>Training and games to be structured in conjunction with BOF guidelines and best practice.</p> <p>Participants should disclose injuries or illness. Failure may contribute to risk of worsening condition of injury/illness.</p> <p>Training intensity should be adapted for level of participant. Increased attention to beginners.</p> <p>Sessions are led by an appropriately experienced leader (details of whom to be given to Sports Fed).</p> <p>Coaches/Instructors to provide confirmation of qualification/insurance to</p>	2B	<p>Action to take ASAP In event of any serious injury/incident:</p> <p>If at Iffley Road, inform duty staff (via reception)</p> <p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Written Report Required</p> <p>All first aid incidents or other H&S matters including near misses to be reported by a club member via https://oxforduni-remoteforms.info-exchange.com/Incident</p>

		<p>Club and Sports Fed (latter for Coach Consultancy Agreements)</p> <p>Any activity leaders should have considerable experience of activity and be aware of safe practices. Club committee responsible to ensure these are adhered to.</p> <p>Participants should disclose if they have any injuries/illness in advance (e.g. when signing up to club) and update any changes.</p> <p>Participants encouraged to warm up and cool down and to wear appropriate clothing.</p> <p>Dynamic risk assessments may be required for unforeseen circumstances or situations.</p>		
Manual Handling	<p>Players, spectators, coach/instructor, officials</p>	<p>Use any handling aids (e.g. sack, truck) where possible including lifts or ramps instead of stairs/steps</p> <p>Make the load smaller or easier to carry.</p>	1B	<p>In event of any serious injury/incident:</p> <p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p>

<p>Incorrect technique, carrying a load that may be too heavy and/or awkward may contribute to skeletal and muscle issues.</p> <p>Visibility may be compromised if carrying excess load.</p>		<p>Seek assistance from other(s) to assist with carrying/moving load to mitigate slips, trips, and falls.</p> <p>Look to avoid twisting, lifting from floor to above shoulders and/or carrying over excessive distances where possible.</p>		<p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remoteforms.info-exchange.com/Incident</p>
<p>Equipment Poorly maintained equipment may lead to injury whether facility, club or personal owed.</p>	<p>Club Committee Club Members</p>	<p>Adhere to BOF and/or statutory guidance for purchasing and maintenance. Keep and maintain records of equipment, particularly noting any expiry dates / deadlines.</p> <p>Club committee to be aware of club property. Record and maintain via an inventory. Share copy with Sports Fed (see website for details / deadlines).</p> <p>Club equipment of value to be secured. Inform Sports Fed if any items are stolen.</p>	<p>1A</p>	<p>Inform Sports Safety Officer where club may require assistance in disposing of things that fall under statutory legislation or unsure on disposal of certain items.</p>

Personal Equipment	Club Members	<p>All club equipment should be visually checked regularly. Where more detailed checks are required ensure records are maintained and updated (e.g. annual inspection).</p> <p>Any equipment found to be in an unsafe condition to be removed until it can be repaired or renewed to required standard. If disposal is required, this should be done in a safe and where possible environmentally friendly manner (e.g. recycling). Any legal statutory requirements should be met.</p> <p>Owners of personal equipment should be reminded they are responsible for the maintenance, safety, and security of their own equipment.</p>		
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INJURY / ILLNESS MANAGEMENT (incurred in training or non-training club activities)

<p>Food & Drink Provision by Club If providing food/drink, be aware of the following which may lead to illness or even a fatality:</p> <p>Food Allergies / Intolerances</p> <p>Food Poisoning</p>	<p>Anyone</p>	<p>Ensure those who suffer from allergies/intolerances are aware of allergens in food/drink.</p> <p>Any food/drink prepared at 'home' and brought for others to consume, ensure allergen foods are declared.</p> <p>Surface and Personal hygiene and handling to be maintained for any food/drink irrespective of provider / where purchased. Avoid sharing utensils when consuming food.</p> <p>Use appropriate storage (e.g. Tupperware, labels).</p> <p>Avoid bringing high risk food (e.g. nuts) if possible.</p>	<p>2C</p>	<p>Club/Individual may find itself liable for any food it has provided at training/matches which could result in food poisoning or someone has been / is exposed to food allergies.</p> <p>In event of any serious injury/incident:</p> <p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remoteforms.info-exchange.com/Incident</p>
<p>Management of Injuries /Illness (incl first aid)</p>	<p>All</p>	<p>To reduce risk of minor sprains and other running related injuries, experienced club members to advise on correct warm-up procedures</p>	<p>3C</p>	<p>In event of any serious injury/incident:</p> <p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security</p>

<p>Injuries/illness incurred during activity or outside of activity. Return to Activity from injury or illness</p>		<p>and provide strapping advice if required.</p> <p>Inform event organisers in event of participant(s) suffering injury or illness during activity. First aider will assess and respond accordingly.</p> <p>If not at a staffed facility, use any first aider / medical staff provided (e.g. BUCS fixtures at Parks) otherwise seek advice on 111 (999 if life threatening).</p> <p>Carry a whistle in remote areas.</p> <p>Obtain any medical conditions from all new participants and existing members to let leader know of any new injuries/medical conditions.</p> <p>Leader is to liaise with any participant returning from injury to ensure it is not aggravated by returning too</p>	<p>Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remoteforms.info-exchange.com/Incident</p> <p>Club to adhere to BOF and University (Sports Dept & Central) H&S Policies and record keeping.</p> <p>Inform SSO of any club member interested in gaining first aid qualification.</p>
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		early, incorrect training or overtraining.		
Ticks - can carry Tick Borne Encephalitis and Lyme Disease and it is theoretically possible that they could transmit other diseases.	Participants	Participants required to wear BOF specified clothing (full body cover from foot to shoulder). Further, all participants briefed to warn each other if they find a tick.	2C	Ensure everyone is aware of the correct method for removing ticks.
Cardiac Arrest (<i>where a heart stops pumping blood around the body. A heart attack is a sudden loss of blood flow to a part of the heart muscle</i>) Party will be; Unconscious Unresponsive Won't be showing any movement including not breathing or may be making gasping sounds).	Anyone	If alone – <ul style="list-style-type: none"> ● Call 999/112 if possible using hands free speaker on phone. ● Follow guidance given by 999/112 staff on CPR and start ASAP. ● Do not go for Defib if alone (paramedics will bring it). ● Carry on with CPR until help arrives or exhausted. If others around: <ul style="list-style-type: none"> ● Start CPR if possible whilst helper calls 999/112 and put on speaker if required. ● Helper find and bring defib to casualty. 	1D	Call 999. Where applicable, give call handler number on Defib cabinet (to get code to unlock). OUS Defib locations; Iffley Road Sports Complex – At main reception desk (duty staff will respond) OURFC (rugby) main building. Parks – external cabinet outside public toilets. Marston Sports Ground – external cabinet to side (garage end) of main building. External sites – check with facility provider. In advance, have downloaded to phones, What3Words App for precise

		<ul style="list-style-type: none"> ● Ask helper to take pads and defib out and follow voice prompts. ● Carry on with defib/CPR until paramedics arrive. 		<p>location & Save A Life App for nearest defib location.</p> <p>Aftercare to be provided to all involved parties.</p> <p>Incident report to SSO by phone (07780 693388).</p>
<p>Concussion</p> <p>Recognition, Management, Return to Activity.</p> <p>Failure to recognise, treat and manage concussion may result in severe injury / fatality.</p> <p>Note - Some symptoms of concussion. Headache Dizziness Feeling sick or vomiting Memory Loss Unusual Behaviour Vision Issues</p>	Participants	<p>Seek immediate first aid in event of concussion or even suspected concussion or if in doubt!</p> <p>If in doubt, they must sit out.</p> <p>Liaise with first aider and have someone stay with injured party (incl if transferred to hospital).</p> <p>Monitor condition before allowing return to activity.</p> <p>Participant to stop immediately if they feel unwell on return to activity.</p>	1D	<p>In event of any serious injury/incident:</p> <p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remoteforms.info-exchange.com/Incident</p> <p>If concussion diagnosed, club to follow NGB guidance on management and return to activity for concussion.</p>

		<p>Inform student's college ASAP after incident.</p> <p>Seek additional guidance and support from Sports Safety Officer.</p>		<p>Seek guidance also from Sports Fed and/or their Welfare Officers (including signposting).</p>
<p>Exhaustion /Dehydration (also link to Welfare)</p> <p>Possible causes: Dehydration Overtraining Lack of sleep University life – over commitment</p>	<p>Participants</p>	<p>Advice given on suitable course lengths.</p> <p>Participants to bring water/appropriate fluid to sessions.</p> <p>Check availability of water fountains.</p> <p>Be aware of medical support in place at event.</p> <p>Refer to Welfare where appropriate.</p>	<p>2B</p>	
<p>WELFARE AND SAFEGUARDING - SPECIFIC</p>				
<p>Welfare (also see Exhaustion/Dehydration and Safeguarding)</p> <p>Mental Health Wellbeing</p>	<p>All Club Members</p>	<p>Stress Bullying</p> <p>Follow BOF Welfare guidance</p>	<p>3C</p>	<p>Signpost where appropriate by Club committee / welfare officer.</p> <p>Sports Fed and /or their Welfare Officers (can be done in confidence).</p> <p>Other College/University support.</p>

Weight Management		Club/coach should not put pressure on any individual(s) to lose or gain weight		BOF: safeguarding@britishorienteering.org.uk or call the British Orienteering Lead Safeguarding Officer, Peter Brooke, on 07540 150963
<p>Safeguarding (relates to any activity involving under 18s and/or vulnerable adults)</p> <p>(also link to Welfare)</p> <p>Any signs of unexplained physical injury/illness Signs of mental abuse Self-harming Unexplained weight loss/gain issues Unsupervised activities (including providing advice)</p>	<p>Participants Coaches Club</p>	<p>Non-Oxford University students who are under 18s should not be involved in any club activities (refer any to city equivalent club).</p> <p>Club committee / coaches responsible for ensuring they are aware if any OU students are under 18s.</p> <p>Avoid or if not possible mitigate risks to ensure the party engaging in activity is not unsupervised. Where an appropriate person is supervising mitigate risk of 1:1 by having others in attendance.</p> <p>Ask coach/instructor for DBS certificate and NGB/coach safeguarding training</p>	<p>1C</p>	<p>For further advice:</p> <p>Contact the Sports Safeguarding Officer via David.white@sport.ox.ac.uk.</p> <p>Be aware of Oxford University's Safeguarding Code of Practice</p> <p>Adhere to club's NGB for their Safeguarding/Child Protection policies and procedures.</p> <p>DSL will provide relevant follow up action within 24 hours of concern being referred to them.</p>

		<p>certificate. Check NGB's requirements.</p> <p>For ANY safeguarding concerns involving the activities of an Oxford University Sports Club – refer to David White (Sports Safeguarding Officer) first – David.white@sport.ox.ac.uk Guidance will be sought from the University's Designated Safeguarding Leads (DSLs).</p>		
TRAVEL - SPECIFIC				
Travel to/from venues	Drivers Club committee	<p>Drivers must comply with road safety laws.</p> <p>Drivers of any vehicle, with help of other responsible person(s), should check in advance for:</p> <p>Location and parking arrangements. If using Sat Nav, program routes before setting off. If using via a phone, use a cradle but</p>	2D	<p>In event of any serious injury/incident:</p> <p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A Life app for nearest defib location</p>

	Drivers	<p>beware of driving laws that cover mobile use whilst driving.</p> <p>Time and distance (allow extra time).</p> <p>Potential hazards (roadworks etc.) and have other route in case.</p> <p>Weather conditions for to and from venue.</p> <p>Adhere to road and traffic laws and regulations.</p> <p>Avoid distractions particularly from others in vehicle. Use assistance of others when reversing, parking, or manoeuvring in tight spaces.</p>		<p>(download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remoteforms.info-exchange.com/Incident</p>
Driver Distraction (e.g. use of mobile phone, eating/drinking, passenger distracting, leaning/reaching)	<p>Drivers Passengers</p> <p>Drivers</p>	<p>Should be made aware distractions/anti-social behaviour are likely to affect driver.</p> <p>Do not use mobile phones whilst driving. Suggest putting on 'Do Not Disturb mode'.</p>	2D	<p>Drivers are liable for fines/points/attending training course for any breaches of the Highway Code.</p> <p>Responsible for safety of themselves and all others in vehicle.</p>

		<p>Use controls on steering wheel (where appropriate) to avoid reaching/leaning for dashboard controls</p> <p>Advisable not to use headphones whilst driving.</p> <p>Advisable not to eat or drink whilst driving. Pull over and stop in a safe place to do so.</p> <p>Take regular rest breaks. Do not drive over 2 hours in any one stint. Stop ASAP for a break if feeling tired at any time.</p>		
Hired Vehicle (through Sports Federation)	Drivers, passengers	<p>Drivers must be on authorised list of drivers registered on scheme and have passed any checks/training course in place.</p> <p>Check vehicle and paperwork thoroughly on hiring to ensure no issues. Raise with car hire staff any discrepancies.</p>	2C	<p>Drivers/clubs may be liable for costs in the event of damage not reported to Sports Fed/Insurance Office or in the event of a delay in informing Sports Fed/Insurance Office. Provide supporting evidence as required (e.g. photos, witness statement)</p> <p>Drivers are liable for any speeding and/or parking offence reported to them or to Sports Fed (for hired vehicles).</p>

		Check hired vehicle for damage on pick up and drop off. Take relevant photo evidence of any and pass to Sports Fed ASAP.		<p>For hired transport, look to have a minimum of 2 drivers if this is possible (in case of tiredness, injury) particularly if the drive will be more than 2 hours one way.</p> <p>Minibus/MPV drivers, when reversing or in tight manoeuvring spots MUST use a banksman (someone to be outside the vehicle) and help guide the driver). Agree on signals.</p> <p>Club to adhere to NGB and OUS H&S Policies and record keeping.</p>
Private vehicle (MOT, tax, insurance, all correct)	Drivers, passengers	<p>Driver responsible for ensuring vehicle is roadworthy, Insurance MOT and tax in place.</p> <p>Driver must have full driving licence.</p>	2C	Drivers of private vehicles are advised to check with their Insurer they are insured to drive on 'sports club' business.
Travel (Incidents) incl accidents, breakdown.	Drivers Passengers	Ensure vehicle and occupants are not in danger from other road users. All to leave vehicle and move to safe place.	2D	<p>Away from Iffley Road – inform any facility (duty) staff first. If none, call 999/112 and then ASAP call Security Services on 01865 289999 or Sports Safety Officer on 07780 693388.</p> <p>Use What3Words App for precise location (see website here) & Save A</p>

		<p>Use breakdown service. Details can be found in hired vehicles. Any private vehicle used must have breakdown cover (driver responsible).</p> <p>Major incidents (i.e. involves any emergency service and/or anyone goes to hospital. Call 999/112 in the event of life-threatening incident or 111 for non-urgent cases. ASAP call Security Services on 01865 289999).</p> <p>Minor incidents - Inform Sports Fed and hire company ASAP. Take photos for evidence purposes.</p>		<p>Life app for nearest defib location (download App from IOS or Google Play)</p> <p>Accidents to be reported to https://oxforduni-remoteforms.info-exchange.com/Incident</p> <p>For hired vehicles, inform Sports Fed asap so hire company can be told</p> <p>Drivers/clubs may be liable for costs in the event of damage not reported to Sports Fed/Insurance Office or in the event of a delay in informing Sports Fed/Insurance Office. Provide supporting evidence as required (e.g. photos, witness statement)</p>
<p>SOCIAL / NON-TRAINING ACTIVITIES such as use of alcohol, non-prescribed drugs, behaviour / personal safety</p>				

<p>Physical injury or illness Damage to property, equipment, and reputation of sports club and/or University.</p> <p>Personal Safety (maybe comprised in the event of an individual drinking to excess)</p>	<p>All attending club social events</p>	<p>Follow NGB and OU (incl OUSF) Code of Conducts/Practice with disciplinary procedures in place.</p> <p>The consumption of alcohol and non-prescribed drugs is prohibited during club fixtures and training. Alcohol should be consumed to moderate levels at any other time and not to excess.</p> <p>Drivers should not drink any alcohol and seek non-alcohol alternatives.</p> <p>Non-prescribed drugs allowed at any time.</p> <p>Advice for all is to use well-lit and well used areas at night-time. Be aware of surroundings.</p> <p>Avoid flaunting items of value (e.g. watches, large amounts of cash, phones)</p>	<p>2C</p>	<p>There is potential reputational risk to the sports club, Sports Department and University in the event of adverse behaviour of an individual(s). Club committee should remind members.</p> <p>If necessary, seek medical advice on 111 (NHS)</p>
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		Ensure anyone who has drunk to excess is accompanied to their home/college and is observed thereafter.		
OTHER - SPECIFIC				
Covid-19 Minimise spread of virus	Coaches Participants	Avoid contact with others if you might be infectious Respect other people's space Keep up to date with COVID vaccinations Respect those who choose to wear a face covering Cover coughs and sneezes and wash hands regularly.	2B	Monitor current university guidance which can be found here . There is no specific guidance from BOF since 2021.
Crowd Management Lack of planning and security may result in overcrowding, incidents (including alcohol related)	Everyone	Look at numbers and types of stewards. Methods of working / Communication. Chains of Command Methods of Ingress and Egress Emergency Procedures.	1B	

<p>Animals</p> <p>May enter activity area when activity is in progress.</p> <p>Defecate in playing and / or spectator areas</p>	<p>Participants Spectators</p>	<p>Ensure any discharge from animals is removed and disposed of especially from training/racing area.</p> <p>Halt activity if animal enters playing area until it leaves</p>	<p>3A</p>	
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