# Changing Macroeconomic Dynamics at the Zero Lower Bound

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This article develops a change-point VAR model that isolates four major macroeconomic regimes in the US since the 1960s. The model identifies shocks to demand, supply, monetary policy, and spread yield using restrictions from a general equilibrium model. The analysis discloses important changes to the statistical properties of key macroeconomic variables and their responses to the identified shocks. During the crisis period, spread shocks became more important for movements in unemployment and inflation. A counterfactual exercise evaluates the importance of lower bond-yield spread during the crises and suggests that the Fed's large-scale asset purchases helped lower the unemployment rate by about 0.6 percentage points, while boosting inflation by about 1 percentage point.

KEY WORDS: Change-point VAR model; Global financial crisis; Large-scale asset purchases.

## 1. INTRODUCTION

Beginning in the summer of 2007, money markets around the world experienced sustained periods of dysfunction with sharply higher short-term interest rates for commercial article and interbank borrowing. This intense liquidity squeeze lead the Federal Reserve (Fed) to substantially lower its federal funds rate (FFR) and act as the liquidity provider of last resort to supply funds to banks and the broader financial system via its Term Auction Facility (TAF). Wu (2011) estimated the term auction facility helped lower the 3-month Libor-OIS spread by 50 or 55 basis points during the crisis. The FFR, the Fed's traditional policy instrument, reached its effective zero lower bound (ZLB) in December 2008, and the Fed faced the challenge of how to further ease the stance of monetary policy as the economic outlook deteriorated. The Fed responded in part by expanding its monetary policy toolkit to purchase substantial quantities of public and private sector securities with medium and long maturities. On November 25, 2008, the Fed announced that it would purchase up to \$100 billion of government-sponsoredenterprise debt and up to \$500 billion in mortgage-backed security debt to reduce risk spreads on GSE debt and mitigate turmoil in the market for housing credit. On March 18, 2009, the Federal Open Market Committee (FOMC) press release announced that the Fed would purchase an additional \$750 billion of agency mortgage-backed securities, an additional

\$100 billion in agency debt, and \$300 billion of longer-term Treasury securities. More recently, the FOMC announced at its November 2010 meeting the intention to purchase another \$600 billion in longer-term Treasury securities by the middle of 2011.

While the FFR had reached its effective ZLB, the largescale asset purchases (LSAPs), which reduced the supply of riskier long-term assets and increased the supply of safer liquid assets (bank reserve), appear to have been effective in driving down private sector borrowing rates—the intermediate target of conventional monetary policy expansions. Gagnon et al. (2010) estimated that the LSAPs reduced the overall size of the 10-year term premium by somewhere between 30 and 100 basis points, with most estimates in the lower and middle third of this range. Furthermore, they found that the program had an even larger effect on reducing yields on riskier government-sponsored enterprise and mortgage-backed securities. Similarly, Neely (2015) also found that the programs not only reduced long-term US bond yields but also significantly reduced long-term foreign bond yields and the spot value of the

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dollar. Baumeister and Benati (2013) found that a compression in the long-term yield spread exerted a powerful effect on output growth and inflation. Swanson and Williams (2014a) and Swanson and Williams (2014b) investigated the effect of the ZLB on the behavior of short- and long-run yields in the US, UK, and Germany and established that the effectiveness of monetary policy and the fiscal multiplier were close to normal during the crisis. However, yields became less responsive and the fiscal multiplier increased when the expected length of the ZLB increased. The underlying conjecture common across all these studies is that the lower long-term borrowing costs stimulated economic activity. However, none of the above-mentioned studies focuses on the effect of lower borrowing costs on real activities and unemployment.

The central focus of this article is to assess the extent to which macroeconomic dynamics have changed under the Fed's "nonstandard" monetary policy, the LSAPs program, while its traditional policy instrument was at the ZLB. The analysis proposes a novel method to investigate this issue. We estimate changes in macroeconomic dynamics by developing an innovative point-change vector autoregression (VAR) model that allows for different regimes throughout the sample period and identifies a variety of shocks (supply, demand, monetary policy, and the spread between long- and short-run maturities) from the theoretical reactions of an innovative general equilibrium model. This approach enables the VAR model to endogenously identify changes to the structure of the U.S. economy as well as variations to the properties of exogenous shocks during the sample period. A wealth of studies has documented the presence of different regime shifts in the U.S. economy. Among other studies, see those by Benati and Mumtaz (2007), McConnell and Perez-Quiros (2000), Cogley and Sargent (2005), Primiceri (2005), Baumeister, Liu, and Mumtaz (2010), Rudebusch and Wu (2007), Mumtaz and Surico (2009), Mavroeidis (2010), and Bianchi (2013). However, as noted by Gagnon et al. (2010), these models are based primarily on the Great Moderation period, which could understate severely the incidence and the severity of ZLB events. Our change-point VAR model with nonrecurrent states offers a novel way to estimate changes in the transmission mechanism of a variety of shocks over an extensive period.

The analysis isolates results that refer to the statistical properties of the series, the changes in the transmission mechanism of shocks, and the contribution of disturbances to explain movements in the data. The key findings are the following. First, important statistical properties of key macroeconomic variables have changed throughout the sample period. In particular, the analysis shows that the persistence of inflation and money growth has declined steadily. Interestingly, changes in the properties of these two series are remarkably similar across different time periods, providing strong statistical evidence of the link between money growth and inflation. On the other hand, the persistence of the unemployment rate and the nominal interest rate has remained broadly similar across different regimes, although it increased slightly during the sample period. The unconditional variance of the unemployment rate, inflation, and stock price growth increased substantially during the crisis period.

Second, the model shows that the response of the economy to key macroeconomic variables to shocks changed throughout the sample period. In particular, the response of the nominal interest rate to demand and supply shocks decreased steadily, in line with studies related to the Great Moderation period, as in Stock and Watson (2003). The reaction of the bond-yield spread declines over the sample period while the response of inflation increases, going from 0.1 percentage points in the first regime to 0.2 percentage points in the fourth regime. We interpret the increase in the size of the response of inflation as a sign of improved effectiveness of the Fed's unconventional monetary policy since even small changes in the interest rate spread are effective in influencing the economy.

Third, the analysis shows that supply and monetary policy shocks explain the bulk of fluctuations in inflation whereas yield spread shocks are important for unemployment. The effect of the interest rate shock increases substantially during the late 1990s and mid-2000s, showing that the stance of monetary policy was important for the dynamics in the data and therefore suggesting that the policy was an important contributor to the Great Moderation period. In addition, the historical contribution of yield spread shocks to unemployment and inflation increases substantially from early 2008 onwards, suggesting that these shocks played a relevant role for the dynamics of these variables during the crisis period.

Finally, we use the estimated model to simulate a counterfactual scenario to examine the impact of the Fed's policies that led to compressed long-term borrowing costs proxied by the 10-year spread on the economic outlook. The counterfactual exercise simulates a higher bond-yield spread of 60 basis points, as suggested in Baumeister and Benati (2013). We find that a lower spread had significant impact in supporting economic activity and higher inflation. Without the spread compression, the unemployment rate is estimated to be 0.6 percentage points higher and inflation an average of 1 percentage point lower in 2010.

This study is linked to the empirical literature that investigates the effect of nonconventional monetary policy on the macroeconomy. Chung et al. (2012) showed that estimates from a variety of models indicate that past and projected expansion of the Fed's securities holdings since late 2008 lower the unemployment rate, relative to what it would have been absent the purchases, by 1(1/2) percentage points by 2012. Nakajima (2011) explored the transmission of monetary policy shocks using a time-varying VAR model with stochastic volatility in the context of Japan and found that the ZLB has a sizeable effect on the response of the short-term nominal interest rate, but it has negligible effects on other key macroeconomic variables. Giannone, Lenza, and Reichlin (2012) estimated a large VAR model on Euro Area data for different time horizons and established that the reaction of key macroeconomic variables remains similar across time and countries. Kapetanios et al. (2012) used an array of econometric models, including a change-point structural VAR, to evaluate the effect of quantitative easing on output and inflation in the UK. They established that the policy effectively stimulates output, despite considerable uncertainty surrounding the estimates. Our study differs from Kapetanios et al. (2012) in two fundamental ways. First, we develop a novel, microfounded general equilibrium model to derive internally consistent sign restrictions that identify the distinct effect of structural shocks on macroeconomic variables. We find that the theoretical restrictions are consistent with a broad class of macroeconomic models in the literature. Second, we address methodological issues related to the development and implementation of Bayesian change-point VAR methodology for the study of the transmission mechanisms of shocks. Finally, a number of studies have documented strong links between the term structure of interest rates and the rest of the macroeconomy (for instance, Ang and Piazzesi 2003; Diebold and Li 2006; Diebold, Rudebusch, and Aruoba 2006). Given that long-term interest rates were identified as the main transmission channel of the Fed's LSAPs to the rest of the economy, this article focuses on the macro-financial linkage in the transmission of macroeconomic shocks.

This study also is related to the strand of the literature that develops general equilibrium models with financial frictions to investigate changes in transmission mechanism of macroeconomic shocks. Andres et al. (2004), Goodfriend and McCallum (2007), Curdia and Woodford (2010), Del Negro et al. (2016), and Harrison (2012) examined the impact of unconventional monetary policy on economic activity in models where a spread between long- and short-run maturities arises endogenously. This article develops a general equilibrium model that uses portfolio frictions to generate a spread between short- and long-term interest rates, as in Andres et al. (2004) and Harrison (2012), and it extends the framework by embedding indivisible labor, as in Gali (2011), and wage rigidities. In this way, the theoretical model is able to track the dynamics of the interest rate spread and unemployment in addition to inflation, real money balances, stock prices, and the nominal interest rate of standard New Keynesian models, thereby providing theoretical restrictions in the point-change VAR model for a wider set of variables.

Section 2 describes the theoretical model and details the sign restrictions from the theoretical model. Section 3 sets up the change-point VAR model and details the estimation and identification procedures. In Section 4, we discuss the results from the estimated model, we present the results from a counterfactual scenario that isolates the impact of the spread shock. Section 5 offers a summary and conclusion.

## 2. THE THEORETICAL MODEL AND SIGN RESTRICTIONS

This section outlines the theoretical model and discusses the sign restrictions. Online Appendix A provides a detailed description of the theoretical model and describes the solution and calibration.

We base the model on the simplest version of the New Keynesian framework as developed by Ireland (2011), which accounts for the dynamics of inflation, the short-term nominal interest rate, money balances, and stock prices. We enrich this framework in two ways, first, by embedding portfolio frictions that make short- and long-term bonds imperfect substitutes and generating a spread between short- and long-term interest rates, as in Andres et al. (2004) and Harrison (2012). Second, we introduce nominal wage rigidities using quadratic adjustment costs on wages and unemployment based on the indivisible labor framework developed by Zanetti (2007) and Gali (2011). In this way, the model also accounts for fluctuations in the interest rate spread and unemployment, whose dynamic responses

are important in identifying shocks in the change-point VAR model. The model comprises a continuum of household, a representative finished-goods-producing firm, a continuum of intermediate-goods-producing firms, the government, and a central bank that sets the short-term nominal interest rate using a Taylor rule.

We use the theoretical model to generate robust variable responses of shocks to monetary policy, bond yields, and supply and demand, which are needed to identify these shocks in the empirical model. To derive the sign restrictions to impose on the change-point VAR model, we use the theoretical framework to determine how each variable reacts to shocks. To produce robust responses to a one positive percentage point increase in each shock that is robust across a broad range of the parameters' calibration, we simulate the theoretical model by drawing 10,000 times from parameters' values that are uniformly and independently distributed over a wide range of plausible values. The range value for each parameter includes a wide range of plausible values and is reported in Table A.1of online Appendix A. As in Pappa (2009), Canova and Paustian (2011), and Mumtaz and Zanetti (2012, 2015), we discard the regions of the two distributions below and above 2.5 and 97.5 percentiles, respectively, to eliminate extreme responses. In this section, we restrict focus on the variables used in the empirical investigation and therefore show responses of the short-term nominal interest rate  $(r_t)$ , stock prices  $(q_t)$ , unemployment rate  $(u_t)$ , money holdings  $(m_t)$ , price inflation  $(\pi_t)$ , and the interest rate spread  $(r_{L,t} - r_t).$ 

To implement the identification scheme, we impose the sign restrictions, as summarized in Table 1, on the first-period reaction of the VAR model. To incorporate the insensitivity of the nominal interest rate to shocks during the crisis period, we impose that the nominal interest rate does not react to shocks during the financial crisis. Subsequently, the data can freely inform the dynamics of the response. Note that by using these restrictions, we are able to disentangle the effect of these four shocks in the data.

The theoretical model enables us to produce internally consistent restrictions that uniquely identify the structural disturbances. These restrictions are consistent with a broad class of macroeconomic models. For instance, the sign restrictions on monetary policy, demand, and supply shocks are in line with the responses in Smets and Wouters (2007), and the restrictions on

Table 1. Sign restrictions in the benchmark model

Shock	Variable						
	$r_t$ (*)	$r_{L,t} - r_t$	<i>u</i> <sub>t</sub>	$\pi_t$	$m_t$	$q_t$	
Monetary policy shock	$\geq$	<	$\geq$	$\leq$	$\leq$	$\leq$	
Spread shock	$\leq$	$\geq$	$\geq$	$\leq$	$\geq$	$\leq$	
Demand shock	$\geq$	$\geq$	$\leq$	$\geq$	$\leq$	$\geq$	
Supply shock	2	$\leq$	$\leq$	$\leq$	?	2	

NOTES: Entries show the sign of the first period responses of the variables to shocks. The sign " $\geq$ " refers to a positive response, " $\leq$ " to a negative response, and "?" to an undetermined response as the sign can be either positive or negative, depending on the calibration of the model.

the spread shock are in line with Baumeister and Benati (2013), and references therein.

# 3. CHANGE-POINT VAR MODEL

In this section, we describe the empirical VAR model, the sampling procedure for the estimation, and the derivation of the marginal likelihood of the change-point VAR model. We then discuss the identification scheme based on sign restrictions.

To examine possible regime changes, we estimate the following VAR model,

$$Z_t = c_S + \sum_{j=1}^K B_S Z_{t-j} + \Omega_S^{1/2} \varepsilon_t, \qquad (1)$$

where the data matrix  $Z_t$  contains monthly data on the federal funds rate, the 10-year government bond-yield spread (defined as the 10-year yield minus the FFR), the unemployment rate, annual CPI inflation, annual M2 growth, and annual change in stock prices.  $B_S$  and  $\Omega_S$  are regime-dependent autoregressive coefficients and reduced form variance covariance matrices.

The VAR model allows for *M* breaks at unknown dates, as in Chib (1998), and we model the breaks via the latent state variable, *S*. This state variable is assumed to follow an *M* state Markov chain with restricted transition probabilities,  $p_{ij} = p(S_t = j|S_{t-1} = i)$ , given by

$$p_{ij} > 0 \qquad \text{if } i = j \qquad (2)$$

$$p_{ij} > 0 \qquad \text{if } j = i + 1$$

$$p_{MM} = 1$$

$$p_{ij} = 0 \qquad \text{otherwise} .$$

For example, if M = 4, the transition matrix is defined as

$$\tilde{P} = \begin{pmatrix} p_{11} & 0 & 0 & 0\\ 1 - p_{11} & p_{22} & 0 & 0\\ 0 & 1 - p_{22} & p_{33} & 0\\ 0 & 0 & 1 - p_{33} & 1 \end{pmatrix}.$$

Equations (1) and (2) define a Markov switching VAR with nonrecurrent states where transitions are allowed in a sequential manner. For example, to move from Regime 1 to Regime 3, the process has to visit Regime 2. Similarly, transitions to past regimes are not allowed. As discussed in Sims, Waggoner, and Zha (2008), this structure is similar to a Markov Switching model, but it models structural breaks as multiple change points where the state can either remain at the current regime or switch to the subsequent regime. Since the state is not allowed to switch back to the preceding regime, the analysis precludes the case of recurrent regimes. Our structure implies that any new regimes are given a new label rather than being linked explicitly to past states (as in a standard Markov switching model). We believe that this approach is advantageous over standard Markov switching models since it internalizes the long-lasting effect of structural changes by preventing frequent and quick regime reversals. As we discuss below, this form of regime switching allows us to isolate periods of interest (e.g., the period of the financial crisis) and adapt our shock identification scheme accordingly.

# 3.1 Estimation and Selection of the Number of Change Points

We follow Chib (1998) and adopt a Bayesian Gibbs sampling approach to the estimation of the change-point VAR models. Online Appendix B provides a detailed description of the prior and online Appendix C describes the main steps of the algorithm. We estimate the change-point VAR model using 200,000 replications of the Gibbs sampler and discard the first 190,000 as burn-in.

The choice of the number of breakpoints is a crucial specification issue. We select M by comparing the marginal likelihood across different models with M = 1, ..., 3. The limit of M = 3as the maximum number of breaks is largely driven by computational concerns and the limited number of observations covering the current financial crisis. Allowing for a larger number of breakpoints could result in some regimes with few observations and thus rendering estimates of the VAR coefficients unreliable. Similarly, the number of lags also could play an important role for the model's results. Therefore, we select the number of lags, ranging from 3 to 6, by comparing the models' marginal likelihood. The maximum lag length is set to 6 to ensure all regimes will last more than 3 years given the restriction that each regime must have at least  $N \times K + 2$  observations. In models with a large number of regimes and lags, there are instances when the estimation algorithm leads to regimes with a limited number of observations, letting the prior heavily influencing the estimation. To prevent the issue, we limit the number of observations per regime to be equal to the number of coefficients in the VAR plus one, that is,  $N \times K + 2$ . This choice is arbitrary, but it conforms to the number of observations required to estimate a VAR model equation by equation using ordinary least squares. A higher number of lags would automatically rule out any breaks associated with an economic event lasting less than 3 years, a period of paramount interest for this study.

3.1.1 Marginal Likelihood and the Identification of Structural Shocks. As described in Chib (1998) and Bauwens and Rombouts (2012), we estimate the marginal likelihood for the change-point model m by considering the following identity:

$$\ln G(Z_t \mid m) = \ln f(Z_t \mid m, \Theta, \tilde{P}) + \ln p(\Theta, \tilde{P} \mid m) - \ln g(\Theta, \tilde{P} \mid Z_t, m).$$
(3)

Equation (3) relates the marginal likelihood,  $\ln G(Z_t \mid m)$ , to the likelihood function,  $\ln f(Z_t \mid m, \Theta, \tilde{P})$ , the prior distribution of the VAR parameters,  $\Theta \ln p(\Theta, \tilde{P} \mid m)$ , and the posterior distribution,  $\ln g(\Theta, \tilde{P} \mid Z_t, m)$ . We obtain this equation by simply rearranging the Bayes rule and taking logs for computational convenience. Note that as  $\ln G(Z_t \mid m)$  does not depend on the parameters of the model, Equation (3), in theory, can be evaluated at any value of the parameters. Following standard practice, we evaluate the marginal likelihood at the posterior mean. The first two terms on the right-hand side of Equation (3) are easily evaluated whereas the normalizing constant of the posterior density,  $\ln g(\Theta, \tilde{P} \mid Z_t, m)$  is unknown. Evaluating this final term requires more work. As described in detail in Bauwens and Rombouts (2012), this term can be evaluated by considering reduced Gibbs runs on an appropriate factorization of  $g(\Theta, \tilde{P} \mid Z_t, m)$ . We use 10,000 additional Gibbs replications to evaluate  $g(\Theta, \tilde{P} \mid Z_t, m)$  at the posterior mean.

The identification scheme, based on sign restrictions, is implemented using the technique recently developed by Arias, Rubio-Ramirez, and Waggoner (2014), which shows how to efficiently draw from the uniform distribution with respect to the Haar measure on the set of orthogonal matrices conditional on zero restrictions. The authors illustrate that this step is an important one, allowing the user to draw from the posterior distribution of structural parameters conditional on the sign and zero restrictions. Specifically, the matrix  $\Omega_S^{1/2}$  is a product of the Choleski factor ( $C_S$ ) of the state-dependent variance-covariance matrix of the VAR residuals ( $\Sigma_S$ ) and the othornomal matrix ( $Q_S Q'_S = I$ ), where I is the identity matrix

$$\Omega_S^{1/2} = C_S Q_S. \tag{4}$$

The matrix Q is drawn using Algorithm 4 in Arias, Rubio-Ramirez, and Waggoner (2014).

## 4. RESULTS

This section focuses on our findings. First, we consider the model specification, the determination of the number of regimes, and changes in the statistical properties of the data across regimes. Second, we discuss the changes in macroeconomic dynamics across regimes. Third, we investigate the extent to which each shock contributes to the movements in the variables at different horizons, and we provide historical shock decomposition to study how shocks contributed to the dynamics of key macroeconomic data throughout the sample period. Finally, we consider a counterfactual simulation to evaluate the importance of spread shocks and monetary policy interventions during the crisis period.

#### 4.1 Model Specification and Estimated Regimes

To implement the estimation, before using the theoretical restrictions from the theoretical model, we need to specify the variables for the change-point VAR model. To maintain the closest mapping between the theoretical and the empirical models, we set up a VAR model that includes the main variables that enter into the theoretical model, thereby using the short-term interest rate, long-term interest rate, unemployment rate, price inflation, money holdings, and asset prices. We collect data for the effective FFR, 10-year treasury bond yield at constant maturity, civilian unemployment rate, consumer price index (CPI), M2 definition of the money supply, and the average monthly closing price of the Dow Jones Industrial index. We draw data from the St. Louis FRED database, which are part of the monthly series that covers the period 1965:M4 to 2011M3. The data series end in 2011M3 since the focus of the analysis is on the outset of the financial crisis to investigate the effect of initial policies aimed at providing liquidity to the broad financial system to lower borrowing costs. Subsequent policy measures were aimed at stimulating specific sectors of financial markets (i.e., the housing market). Results are robust to extending the sample period to 2016M12. An online appendix that shows the findings for the extended data sample is available on request to

Table 2. Log marginal likelihood

Number of breaks	3 lags	4 lags	5 lags	6 lags
0	-592.48	-568.22	-553.78	-508.63
1	-671.57	-641.85	-642.68	-648.04
2	-503.53	-509.01	-520.46	-518.98
3	-655.02	-643.27	-548.14	-490.34
4	-673.41	-674.72	-676.73	-700.03

NOTES: The table shows the log marginal likelihood estimates across different regimes and lag lengths.

the authors. The unemployment rate, CPI, and M2 are seasonally adjusted. The interest rate spread is defined as the 10-year yield minus the FFR. We use the 12-month percentage change to compute inflation, the growth rate of M2, and the growth rate of stock prices.

Table 2 presents the estimated log marginal likelihood for the change-point VAR model across a different number of regimes and lag lengths. To allow the model to explore whether a large number of breaks and lags could potentially be associated with a high marginal-likelihood function and therefore provide a better fit to the data, we allow for six lags and five regimes. We limit the maximum number of lags to six since it is difficult to estimate a five regime model with a large number of lags (beyond six) as the number of observations in each regime becomes low. The log marginal likelihood estimates show that the VAR(6) model with three breaks (i.e., four regimes) delivers best fit of the data and therefore is strongly preferred to alternative specifications.

Figure 1 presents the probability of each regime,  $Pr(S_t = j)$ , for j = 1, ..., 4. Given the *M* draws of  $S_t$ , we easily can estimate this probability (for the *j*th regime) as  $\frac{1}{M} \sum_{m=1}^{M} I[S_t = j]$ , where  $I[S_t = j]$  is an indicator variable equal to one if  $S_t = j$ . We estimate the first breakpoint to occur in the early 1990s, with the probability of the first regime being less than 0.5 in January 1992. Several studies detect a structural break in the series in the mid-1980s and early-1990s. Similar to us, Benati and Goodhart (2010), Bianchi (2012), and Fernandez-Villaverde and Rubio-Ramirez (2008) established that important structural changes in the systematic response of monetary and fiscal policies occurred in the early 1990s. Strachan and Dijk (2013) also detected important differences in the time series properties in the mid-1980s. The estimate for the second breakpoint is February 2000 while the final break estimate of September 2007 coincides with beginning of the recent financial crisis. These breakpoints are consistent with the findings in Benati and Goodhart (2010), who detected important changes in the response of monetary policy to the 9/11 terrorist attack and the Nasdaq/tech bubble and bust in the mid-2000s.

In the second half of 2007, a financial turmoil, triggered by a subprime mortgage meltdown, swept over the US and other major economies. The crisis quickly spread to major financial markets, and the cost of short-term funding on the interbank money market rose sharply. As strains in money markets persisted and worsened in early December 2007, the Fed lowered the FFR and established the term auction facility (TAF) to provide liquidity support to the broader financial system. As the spillover from distress in the financial markets fed through to the real economy, the Fed lowered its FFR to its effective ZLB in



Figure 1. The estimated probability of each regime. NOTES: The four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011.

December 2008. To further stimulate economic activity, the Fed announced that it would purchase substantial quantities of assets with medium and long maturities in an effort to drive down private borrowing rates, particularly at longer maturities. The last regime of our baseline model coincides with the period corresponding to these extraordinary events and policy interventions.

To tie these breakpoints to changing macroeconomic dynamics, Figure 2 plots some key reduced form summary statistics from the change-point VAR. Note that these are estimated separately in each regime, and averages are computed across regimes using  $S_t$  as the weight.

The top panel of Figure 2 plots the estimated multivariate,  $\tilde{R}_t^2$ . This measure is defined as  $R_t^2 = 1 - \left[\sum_{h=0}^{11} \tilde{B}_S^h \operatorname{var}(\varepsilon_{t+h}) \tilde{B}_S^{h\prime} / \sum_{h=0}^{\infty} \tilde{B}_S^h \operatorname{var}(\varepsilon_{t+h}) \tilde{B}_S^{h\prime}\right]$ , where  $\tilde{B}_S$  denotes the VAR coefficients in companion form. As discussed in Cogley, Primiceri, and Sargent (2010), this metric can be thought of as a measure of persistence of the endogenous variables (in deviations from trend). A few interesting patterns emerge. First, the  $R_t^2$  of inflation and money growth have declined throughout the sample period, and the series show a quantitative similar persistence across regimes. We interpret this similarity as further statistical evidence that inflation and money growth have remained linked throughout the whole sample period. Second, the  $R_t^2$  of the bond-yield spread has steadily increased throughout the different regimes, starting at approximately 0.3 in the first regime and reaching approximately 0.85 in the fourth regime. The  $R_t^2$  of the federal funds rate and unemployment rate have remained substantially the same across different regimes, with values around 0.96 and 0.99, respectively. Finally, the persistence of stock price growth has changed throughout the four regimes, reaching its highest value during the crisis period. However, the statistical uncertainty surrounding these estimates is high across the different regimes.

The second row of Figure 2 plots the diagonal elements of the error covariance matrix,  $\Omega_S^{1/2}$ , estimated in each regime. The volatility of the reduced-form errors declined for all variables as the system moves to Regime 2, indicating the first breakpoint that marks the start of the Great Moderation period. Note that the timing of this breakpoint in January 1992 is somewhat later than that suggested in past studies and is due possibly to the high volatility of the stock market index during the mid-1980s, a variable often neglected in previous studies. The volatility of the reduced-form errors to all variables, except inflation, shows a sharp decrease during the third regime. The fourth regime is characterized by a sharp increase in the volatility of shocks to all variables, with the volatility of shocks to inflation, money growth, and the stock price index at historical highs.

The final row of the figure plots the estimated regimedependent, unconditional volatility of each variable calculated as vec[VAR( $Z_t$ )] = vec( $\Omega_S$ )/ $(I - \tilde{B}_S^h \otimes \tilde{B}_S^h)$ . This result shows a similar pattern to the reduced form shock variance. Regime 2 is associated with the initial decline in the unconditional variance (that falls further in regime 3) while the final regime marks a return to a high variance state for most variables.

#### 4.2 Macroeconomic Dynamics Across Regimes

The empirical framework is particularly well-suited to investigate changes in macroeconomic dynamics across the sample horizon since the change-point VAR model allows the coefficients in the model to vary across regimes. Figures 3–6 plot the impulse response functions (IRFs) of the six endogenous variables to a one-standard-deviation shock for the four identified shocks across the four regimes. The six variables are the shortterm interest rate, the 10-year interest rate spread, the unemployment rate, the inflation rate, the growth rate of money, and



Figure 2. Regime-dependent summary statistics. NOTES: The four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011. The shadow areas show the 68% confidence band.

the growth rate of stock prices; the four identified shocks are the monetary policy shock, the 10-year interest rate spread shock, the demand shock, and the supply shock; the four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011. We obtain the median and 68% confidence bands based on 5000 retained Gibbs replications.

Figure 3 shows the responses of the variables to a contractionary monetary policy shock (i.e., an increase in the nominal interest rate). For this shock, the fourth regime is absent since monetary policy deliberately maintained the nominal interest rate at approximately zero during the fourth regime period. The figure shows that the reaction of the bond-yield spread significantly declines across the three regimes. During the first



Figure 3. Impulse response functions to a contractionary monetary policy shock. NOTES: The four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011.



Figure 4. Impulse response functions to a negative interest rate spread shock. NOTES: The four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011.

regime, a contractionary monetary policy shock decreases the bond-yield spread by approximately 0.6 percentage points whereas during the third regime, the magnitude of the change was approximately 0.2 percentage points lower. The figure shows that the reaction of CPI inflation is significantly lower in the second regime, almost half the size compared to the first and third regimes. Similarly, the response of the unemployment rate declines from the first regime to the second and third regimes. Overall, the IRFs highlight that the transmission of monetary policy shocks significantly changes throughout the different regimes.

Figure 4 shows the responses of the variables to a negative interest rate spread shock. To implement the analysis, we impose that the short-term interest rate is exogenous to the spread shock in the fourth regime. The figure shows that the reaction of the bond-yield spread significantly declines



Figure 5. Impulse response functions to an expansionary demand shock. NOTES: The four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011.



Figure 6. Impulse response functions to an expansionary supply shock. NOTES: The four regimes correspond to the periods of January 1962–January 1992, February 1992–February 2000, March 2000–December 2007, and January 2008–March 2011.

over the different regimes, with the interest rate spread shock decreasing the bond-yield spread by 0.5 percentage points in the first regime compared to approximately 0.2 percentage points during the fourth regime, with a stable decline between regimes. At the same time, the response of inflation increases, going from approximately 0.1 percentage points in the first regime to approximately 0.2 percentage points in the fourth regime. The change in the responses may be interpreted as evidence on the improved effectiveness of the Fed's unconventional policies since even small changes in the interest rate spread are effective in influencing the economy. The figure also shows that a negative interest rate spread shock decreases the unemployment rate. While the responses are largely similar across the first three regimes, its impact is larger and more persistent during the crisis period (the median peak impact is approximately 0.1 percentage points). However, there is uncertainty around this response, due to the sizeable confidence interval around the estimate. This finding is consistent with that of Baumeister and Benati (2013), who also find an increase in the response of output growth during the crisis.

Figure 5 shows the responses of the variables to an expansionary demand shock that decreases the unemployment rate. The demand shock has a highly persistent effect on the unemployment rate during the crisis regime, with the median estimate staying below zero for more than 5 years.

Figure 6 shows the responses of the variables to an expansionary supply shock that decreases inflation. Similar to the case of a demand shock, the reaction of the bond-yield spread is generally insensitive to the shock across regimes. The response of the nominal interest rate to demand and supply shocks decreases throughout the sample period, going from approximately 0.2 (-0.1) percentage points in the first regime to approximately 0.04 (-0.02) percentage points in the third regime for demand (supply) shocks.

Looking across all these impulse responses suggests that the transmission mechanism of the different shocks has changed across the four regimes. One interesting pattern is the decreased response of the nominal interest rate to the shocks across the four regimes, which, as mentioned, echoes the findings related to the Great Moderation period.

# 4.3 Forecast Error Variance Decomposition and Historical Shock Decomposition

To understand the extent to which movements of each variable are explained by each shock and how the contribution of shocks has changed across regimes, online Appendix E reports the forecast error variance decompositions of the six endogenous variables for each of the four shocks. The results show that spread shocks are important across the four regimes as they explain the bulk of fluctuations in bond-yield spread, the unemployment rate, and stock price growth, and they also play a competing role with other shocks in explaining fluctuations in money growth and the nominal interest rate. Similarly, supply shocks explain the bulk of fluctuations in stock price growth and the unemployment rate, and they compete with spread shocks to explain fluctuations in inflation. Monetary policy shocks explain most of the fluctuations in inflation whereas they play a supporting contribution to movements in the nominal interest rate and bond-yield spread. The results also provide insights on how the contribution of shocks has changed in the fourth regime. During the fourth regime, the contribution of bond-yield spread shocks to all the variables, except the unemployment rate and inflation, remains broadly stable. Similarly, the contribution of demand shocks to all the variables, except the unemployment rate and inflation, remains broadly stable at different horizons whereas the contribution of supply shocks increases at short horizons. In particular, supply shocks explain approximately 20% of short-run



fluctuations in unemployment in the fourth regime whereas the contribution is around 9% at long horizons.

The historical shock decomposition is an alternative useful metric to evaluate the importance of the various shocks in driving the variation of the key observed macro variables across the different regimes. Since we use a change-point VAR, we first briefly outline how we produce the historical shock decomposition and then discuss the findings. To derive the historical structural shocks, we rewrite the change-point VAR model as follows:

$$y_{t} = B_{0}\xi_{t} + B_{1}(\xi_{t} \otimes I_{s})y_{t-1} + \dots + B_{k}(\xi_{t} \otimes I_{s})y_{t-k}$$
$$+ A_{0}(\xi_{t} \otimes I_{s})\omega_{t}$$
(5)
$$[ \xi_{t} \otimes I_{s} ] = 0$$

$$= \begin{bmatrix} B_0 B_1 \dots B_k \end{bmatrix} \begin{bmatrix} \zeta_t \otimes I_s \\ (\xi_t \otimes I_s) y_{t-1} \\ \vdots \\ (\xi_t \otimes I_s) y_{t-k} \end{bmatrix} + A_0 (\xi_t \otimes I_s) \omega_t \quad (6)$$
$$= \tilde{B} X_t + A_0 (\xi_t \otimes I_s) \omega_t, \qquad (7)$$

where  $\xi_t$  is the *s* column of the  $I_4$  matrix,  $y_t$  is the vector of endogenous variables,  $\omega_t$  is the vector of structural shocks, and coefficients are defined as

$$B_i = [B_i(s=1)B_i(s=2)B_i(s=3)B_i(s=4)]$$
  
for  $i = 0, ..., k$   
 $A_0 = [A_0(s=1)A_0(s=2)A_0(s=3)A_0(s=4)].$ 

From Equation (7), we derive  $\omega_t$  as

$$\omega_t = [A_0(\xi_t \otimes I_s)]^{-1} (y_t - \tilde{B}X_t).$$
(8)

Intuitively, this approach amounts to computing the structural shocks based on the reduced-form errors using the identification matrix that corresponds to each individual regime. With the identified structural shocks, one can decompose the endogenous variables in terms of the structural shocks. Figures 7–9 plot the historical decomposition (deviations from the mean) for the 10-year spread, unemployment rate, and inflation in terms of the monetary policy, spread, demand, and supply shocks (we label the unidentified component as other shocks).



Figure 8. Historical shock decomposition: unemployment rate deviation from the mean.



Figure 7 shows the historical shock decomposition of the 10-year spread. The sharp compression in the 10-year spread in the early 1970s was driven largely by spread shocks. Mean-while the falls in the spread in the late 1970s and early 1980s can be largely attributed to a mix of monetary policy and spread shocks. The model attributes the persistent decline in the spread since the mid-1990s to other shocks that our model did not identify while demand shocks acted in the opposite direction. More recently during the financial crisis, both spread and other shocks helped keep the 10-year spread elevated.

Figure 8 shows the historical shock decomposition of the unemployment rate. The unemployment peak in 1975 was attributed largely to supply and spread shocks where both the 10-year spread and the short-term interest rates increased sharply. The subsequent decline in the unemployment rate was driven by monetary policy and spread shocks. The second spike in unemployment in the early 1980s was attributed to negative monetary policy shocks as well as negative demand and spread shocks. In the 1990s, favorable monetary policy shocks contributed negatively to the unemployment rate while supply shocks had the opposite effect. Spread and demand shocks dominated the sharp increase in unemployment during the crisis. However, unlike previous episodes, monetary policy shocks did not contribute to the increase in unemployment.

Figure 9 shows the historical shock decomposition of inflation. The two spikes in inflation in the mid-1970s and early 1980s were due largely to demand, monetary policy, and spread shocks. The model identifies negative supply shocks as the key contributors to rising inflation in the early 1970s around the time of the 1973–1975 recession when oil prices quadrupled, following the embargo imposed by the Organization of Arab Petroleum Exporting Countries. To a lesser extent, negative supply shocks also contributed to the peak of inflation in the early 1980s. From the second regime onward, we find a muted impact of monetary policy shocks on inflation, a finding that is consistent with the forecast error decomposition. Spread and demand shocks were the key contributors to the brief period in 2009 when inflation fell below zero. Overall, the analysis shows that the contributions of shocks to movements in the variables are different across regimes. Some interesting patters emerge. For example, the spread shocks play a relevant contribution in movements in the unemployment rate, stock price growth, and bond-yield spread. Similarly, demand and supply shocks explain a sizeable part of fluctuations in unemployment, inflation, and stock price growth, and their relevance changes across regimes. Finally, the historical contribution of the yield-spread shock to unemployment and inflation has substantially increased from early 2008 onward, suggesting that this shock became more powerful in influencing movements in these variables.

# 4.4 Counterfactual Scenario of 60 Basis Points Higher Bond-Yield Spread

To evaluate the importance of spread shocks over the crisis period, we run a counterfactual exercise on how the economic outlook would have looked had the yield bond spread been 60 basis points higher. Baumeister and Benati(2013) presented a similar counterfactual exercise using an estimated time-varying VAR. However, our methodology is different, and the estimation includes stock price growth and unemployment as indicators of real activity whereas the above-mentioned study focuses on output growth. As outlined below, we find that these differences lead to a different interpretation of the effectiveness of the LSAP.

Figure 10 plots the evolution of the model's six endogenous variables in the data (dashed blue line) and in the counterfactual scenario (solid back line) with the 68% confidence bands. The figure shows no difference between the actual and the counterfactual scenario for the short-term interest rate since the interest rate is assumed not to respond to the spread shock.

Similar to the results in Baumeister and Benati (2013), we observe a significant impact on economic activity, measured by the unemployment rate. However, the dynamics are quite different. Our estimate at the time of the LSAP announcement



Figure 10. Counterfactual scenario 60 basis points higher bond-yield spread. NOTES: The blue dashed line is the actual data, and the solid black line is the counterfactual scenario that imposes 60 basis points higher bond-yield spread than its historical value. The shaded area represents the 68% confidence band.

(2009Q4) is only 0.2 percentage points, and our counterfactual exercise suggests the spread shock starts to exert significant downward pressure on the unemployment rate from the second half of 2009 onward, reflecting lag responses of unemployment to the 10-year spread. The results indicate that with a higher bond-yield spread, the unemployment rate would have peaked at 10.6% in December 2009 rather than around 10%. At the end of the sample, unemployment would have been 0.6 percentage points higher than 8.9%. This estimate is in line with the simulation results produced by Chung et al. (2012) using the FRB/US model. Their scenario includes additional purchases announced in November 2011, which is outside our data sample. A closer inspection of their results reveals that based on the initial \$1.75 trillion purchases, the unemployment rate would have been approximately one percentage point lower by the end of 2011. While confirming Baumeister and Benati's results that the LSAP help supported real economic activity during the crisis period, quantitatively, our estimate (measured by the reduction in the unemployment rate) is smaller, and its peak impact is much later, falling after the LSAP announcement.

In general, we find that inflation would have been lower over the crisis period if bond-yield spreads were higher. The decline in inflation from falling commodity prices in late 2008 and early 2009 would have been faster, but the trough reached in July 2009 was similar, around 2%. Our results suggest that, on average, inflation would have been one percentage point lower.

In contrast to real economic indicators, we find the spread shock had the largest impact in 2008 prior to the announcement of the LSAP program. With the spread shock, the growth in stock prices would have been about 20 percentage points lower in 2008. This finding is most likely related to the Fed's liquidity support program, the TAF. After announcement of the LSAP in November 2008, the impact on stock prices were generally positive but much less persistent, compared with other real economy indicators. Finally, the higher-yield spread has a minimal and insignificant impact on money supply growth.

### 5. CONCLUSION

This article proposes a novel approach to empirically evaluate the effect of the ZLB using a flexible change-point VAR model that identifies shocks from the theoretical restrictions of an innovative general equilibrium model. The empirical model identifies three break points (four regimes) over the sample period from 1965 to 2011. The fourth regime, which begins in October 2007, coincides with the crisis period. The analysis discloses a range of important changes in the statistical and dynamic properties of key macroeconomic variables over the sample period. Statistical properties such as persistence and volatility of fluctuations in key macroeconomic variables and the volatility of the reduced-form errors have changed throughout the different regimes, with the crisis period being characterized by higher volatility. In addition, although quantitative changes are recorded throughout the whole period, the crisis period is characterized by the relevance of yield spread shocks to generate movements in unemployment and inflation.

We use the model to evaluate the macroeconomic impact of the Fed's LSAP program by constructing a counterfactual scenario that imposes 60 basis points higher than the bond-yield spread. We find this strategy resulted in significant impact in supporting economic activity and help lower the unemployment rate by about 0.6 percentage points while raising inflation by approximately 1 percentage point.

The article assumes that the Fed's unconventional monetary policy actions over the crisis period are sufficiently represented by the behavior of the 10-year interest rate spread. However, other indicators such as OIS spreads, corporate spreads, and spreads on agency debt also may help characterize the Fed's actions during this period. An alternative approach would be to study the effect of the ZLB using a large number of "spread" indicators within a factor VAR framework. Another interesting extension would be to include indicators on the behavior of banks such as loan approvals or different mortgage yields, which are regarded as important during the crisis. Their inclusion would enable the analysis to better explain the role of the banking system. In addition, our model does not investigate the role of the agent's expectations that could be particularly important at the ZLB. Finally, another alternative approach would be to model the different regimes within a fully specified dynamic, stochastic, general equilibrium model. This approach, however, would be difficult, requiring an allowance for timevarying parameters within a general equilibrium framework. All of these extensions are outstanding avenues for future research.

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